COVID-19 vaccination choice among Iraqi students at Al-Zahraa University for women [version 2; peer review: 2 approved with reservations]

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Abstract

Background: COVID-19 vaccine rejection is a global issue that most developing countries face. A study of COVID-19 vaccine preference among Al-Zahraa University female students will pave the way to resolving the issue of vaccine rejection among students. Vaccine hesitation refers to a delay in accepting or refusing immunization despite the fact that vaccination services are readily available. Students' preferences and refusals of the COVID19 vaccine were evaluated to determine the reasons for their decisions.

Methods: This study involved 198 students from Al-Zahraa University for women. An observational cross-sectional study was conducted at Al-Zahraa University in Karbala, Iraq, to find out which Health and Medical Technology students preferred the COVID19 vaccine. Tests based on statistics made use of frequency and rate data.

Results: Most students (95%) were over the age of 19. The COVID-19 vaccine was rejected by 138 people (70.4%). A total of 43 students (28.5%) believed that the COVID19 vaccine may not be completely safe. 49.3% of students were not aware of the differences between the various types of vaccines. Pfizer was the most preferred by 64 (34.8%), AstraZeneca by 17 (9.2%), and Chinese-Sinovac by only 11 (6%). 20 students (16.4%) believed that with the vaccine they could return to life as it was before the COVID-19 pandemic. Covid19 vaccine acceptance among Al-Zahraa University students may be low in part because of myths, and partly because of the fear of side-effects associated with the vaccine.

Conclusion: Information about COVID-19 vaccines should be transparently communicated to the media by health authorities to help the public make informed decisions.

Keywords

COVID-19, vaccine, preference, Iraqi students, refusal.
Introduction

Scientists are searching for vaccines and medicines to combat the current global COVID-19 pandemic. COVID-19’s origins and relationship to bats still need to be uncovered, but according to current scientific thinking, it’s origin was not the result of genetic experimentation, but rather of natural selection.1 This disease has become a major source of concern for medical professionals all over the world due to its rapid spread. It is imperative that all health care providers are up to date with COVID-19 information.2 COVID-19 affects the respiratory system and other internal organs in both animals and humans.3

A thoughtful understanding of vaccine hesitancy must be established in the specific historical, political, and socio-cultural context in which vaccination takes place, in addition to an understanding of the factors affecting vaccine acceptance at the individual level. Wider variables effecting vaccination hesitaton, such as the function of public health and vaccines, should also be considered.4 In developing nations, parents’ failure to bring their children to a vaccination session is frequently linked to vaccination service deficiencies, mirroring the common low-quality immunization pattern in many of those countries. The collective non-adherence form of resistance appears to be mostly driven by religious convictions in poor countries.5 Medical students are among the group of frontline healthcare providers most likely to be exposed to COVID-19 patients. In a recent study on American medical students, concern for serious side effects from the vaccine was independently predictive of lower odds of intent to participate in a COVID-19 vaccine trial (AOR = 0.41, P = 0.01).6 Attitudes towards the vaccine do appear to be mostly positive amongst health care worker however, in a recent study on French healthcare workers intention to get vaccinated against COVID-19 reached 75%.7 Many countries have researched to develop the coronavirus SARS-COV-2 vaccine.8 Fear, stress, and worry are normal responses to real threats, especially in times of uncertainty and thus some vaccine hesitancy is to be expected.9

This potential hesitancy and lack of acceptance of COVID vaccines is likely to affect vaccination uptake. A lack of trust in the media amongst college students in the digital era could affect the uptake and acceptance of the COVID-19 vaccine. When the world was faced with a new and terrifying epidemic, television played a crucial role in connecting the government with its citizens. This hesitancy is a serious concern as the vaccine becomes effective only when it is accepted and used by the majority of the global population.10 Involving students in this research will help them gain a better understanding of COVID19 and may reduce their hesitation in receiving the vaccine. The researcher was unable to locate any reliable data on the mortality or morbidity rates associated with the COVID-19 in Karbala.

Methods

198 first-year students in the Department of Anesthesia at the University of Al-Zahra participated in this cross-sectional questionnaire-based study. A Google Classroom event was attended by 198 students resulting in a response rate of (100%). This research study was analytical in nature. The questionnaire was created by the researcher, and a few questions were adapted from another study13 and incorporated into the questionnaire. The period of research and data collection was between Feb. 2021 and August 2021. Questionnaires were distributed among the students using Google Classroom and were returned by the students after completion via the same method. The development of research instruments was accomplished through the revision of numerous studies under the supervision of epidemiologists from the university and the Ministry of Health. The responses were retrieved as an excel file from google form a questionnaire and imported into the SPSS version.23 (IBM SPSS Statistics, RRID:SCR_019096) to be analyzed and frequencies and percentages determined. An alternative open-access software would be R (R Project for Statistical Computing, RRID:SCR_001905). The multiple-choice questionnaire is related to COVID19 vaccination preference. The questionnaire is comprised of four tables with eight questions. Statistical tests used frequency and rates. The reliability and validity of the data are well-developed and reported, and they were revised by university epidemiologists. With a response rate of 100%, the sample included all students at the health and medical technology university. The sample is a convenient sample. This survey comprised Al-Zahraa students from various Iraqi governorates.
Inclusion criteria: All students in Al-Zhraa university.

Exclusion criteria: staff and parastaff in Al-Zhraa university.

Ethical consideration
Ethical approval was granted by the independent ethics committee of Al-Zahra University in Karbala-Iraq prior to the research, approval number (HREC 35). The requirement for written consent was waived by the ethics committee. To all those who received a questionnaire, consent messages were sent out, outlining the importance of the study, as well as the researcher's right to privacy. Following a brief explanation of the study's objectives, time commitment, confidentiality, and future benefits to their community to each female participant's consent, they verbally agreed to participate in the study.

Results
The Al-Zahra University for Women's Anesthesia Department has 198 students in its first year. Table 1 shows the participants' demographic and health-related characteristics. Most students were above 19 years (95%). Out of 170 students, 132 (86.2%) were not married. Most of the students were from Karbala (152, 77.9%). 110 people reported that a close family member had been previously diagnosed with COVID-19 (56.1%). Those with a history of other vaccines rejection were (79%). After being offered the COVID19 vaccine, 188 (70.4%) said that they would decline the vaccine if offered. The type of COVID19 vaccine that students prefer is shown in Table 2. Approximately (49.3%) of students didn't know the difference between types of vaccines. In comparison, 64 (34.8%) preferred the Pfizer vaccine, while 17 (9.2%) preferred the AstraZeneca vaccine, and only 11 (6%) favored the Chinese-Sinovac vaccine. Reasons for wanting to be vaccinated against COVID-19 are shown in Table 3. Among the students, 20 (16.4 %) reported believing that it would enable them to return to a normal life as a reason for wanting to be vaccinated, and 45 (36.7%) had other reasons to accept the vaccine besides those mentioned in this study. A list of reasons for rejecting COVID-19 vaccination is provided in Table 4. 42.5% of students believed that the COVID19 vaccines may not be completely safe, whilst 33 (21.9%) expressed concern over the vaccine's possible side effects.

Table 1. The participants' demographic and health-related characteristics (n: %).

<table>
<thead>
<tr>
<th>Demographic and health-related characteristics</th>
<th>n</th>
<th>(%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (yr.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Below 19 yr.</td>
<td>10</td>
<td>5.1</td>
</tr>
<tr>
<td>19 yr.</td>
<td>54</td>
<td>32.7</td>
</tr>
<tr>
<td>20 yr.</td>
<td>65</td>
<td>33.2</td>
</tr>
<tr>
<td>Above 20 yr.</td>
<td>57</td>
<td>29.1</td>
</tr>
<tr>
<td>Marital status</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Married</td>
<td>22</td>
<td>11.2</td>
</tr>
<tr>
<td>Unmarried</td>
<td>170</td>
<td>86.7</td>
</tr>
<tr>
<td>Separated</td>
<td>3</td>
<td>1.5</td>
</tr>
<tr>
<td>Widow</td>
<td>1</td>
<td>0.5</td>
</tr>
<tr>
<td>Residency</td>
<td></td>
<td></td>
</tr>
<tr>
<td>KARBALA</td>
<td>152</td>
<td>77.9</td>
</tr>
<tr>
<td>Another governorate</td>
<td>43</td>
<td>22.1</td>
</tr>
<tr>
<td>Family member ever diagnosed with COVID-19</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>110</td>
<td>56.1</td>
</tr>
<tr>
<td>No</td>
<td>86</td>
<td>43.9</td>
</tr>
<tr>
<td>Any previous vaccine (other than COVID19) refusal history</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>154</td>
<td>79%</td>
</tr>
<tr>
<td>No</td>
<td>41</td>
<td>21</td>
</tr>
<tr>
<td>Do you accept the COVID19 vaccine or refuse it?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accept</td>
<td>58</td>
<td>29.6</td>
</tr>
<tr>
<td>Refuse</td>
<td>138</td>
<td>70.4</td>
</tr>
</tbody>
</table>
Recently, the COVID-19 pandemic has resulted in a rise in mortality and morbidity and affected the lives of people around the world. In the AL-Snaafi study, COVID19 experience in individuals or their families was 523 (48.7%), which was the same in our study. This could occur because of frequent visits between the two neighboring countries. 154 (79%) of the participants had a history of vaccine rejection. 138 people (70.4%) of our participants said that they would reject the COVID19 vaccine. Luma study at Kurdistan-Iraq shows that 475 people (27.9%) reported Covid-19 vaccine hesitancy, with fear of side-effects (41.4%) and lack of confidence in using the vaccine (23.5%) being the most common perceived barriers. In a recent study of Egyptian medical students, 90.5% perceived the importance of vaccination against COVID-19 while in an Italian study of vaccine hesitancy only 51.2% reported that they planned to get the COVID-19 vaccine. In Nehmat et al. study, less than two-thirds (63%) of the subjects were willing to take the COVID-19 vaccine if and when it is available, and 42% of them showed their reservations toward vaccination. This might reflect a difference in the degree of vaccine importance concept (Table 1). The availability of the COVID-19 vaccine has proven critical in containing the COVID-19 pandemic. Acceptance of the COVID-19 vaccination by the general public will result in the success of this program.  

### Table 2. Which type of available COVID19 vaccine will you choose?

<table>
<thead>
<tr>
<th>The type of available COVID19 vaccine you prefer</th>
<th>N</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pfizer</td>
<td>64</td>
<td>34.8</td>
</tr>
<tr>
<td>Oxford-AstraZeneca</td>
<td>17</td>
<td>9.2</td>
</tr>
<tr>
<td>Chinse-Sinovac</td>
<td>11</td>
<td>6.0</td>
</tr>
<tr>
<td>Do not know difference</td>
<td>92</td>
<td>50.0</td>
</tr>
</tbody>
</table>

### Table 3. Reasons for wanting to be vaccinated against COVID-19.

<table>
<thead>
<tr>
<th>Reasons for wanting to be vaccinated against COVID-19</th>
<th>N</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I think vaccination can prevent COVID19</td>
<td>8</td>
<td>6.6</td>
</tr>
<tr>
<td>I think vaccination can prevent me from being a spreader</td>
<td>16</td>
<td>13.1</td>
</tr>
<tr>
<td>I believe I can return to my life before the COVID-19 pandemic</td>
<td>20</td>
<td>16.4</td>
</tr>
<tr>
<td>I think that there is no need to do preventive actions</td>
<td>5</td>
<td>4.1</td>
</tr>
<tr>
<td>I have a high risk of getting infected with COVID-19 in my work</td>
<td>14</td>
<td>11.5</td>
</tr>
<tr>
<td>I wanted to travel</td>
<td>5</td>
<td>4.1</td>
</tr>
<tr>
<td>I think that I should get vaccinated because people around me do so</td>
<td>6</td>
<td>4.9</td>
</tr>
<tr>
<td>Other reasons</td>
<td>45</td>
<td>36.9</td>
</tr>
</tbody>
</table>

### Table 4. Reasons for refusing to acquire the COVID19 vaccine.

<table>
<thead>
<tr>
<th>Reasons for refusal to get vaccinated against COVID19</th>
<th>N</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am concerned about potential side effect</td>
<td>33</td>
<td>21.9</td>
</tr>
<tr>
<td>I think COVID19 vaccine may not be safe</td>
<td>43</td>
<td>28.5</td>
</tr>
<tr>
<td>I do not think that COVID19 is dangerous to my life</td>
<td>17</td>
<td>11.3</td>
</tr>
<tr>
<td>I think that COVID19 vaccine is not effective</td>
<td>7</td>
<td>4.6</td>
</tr>
<tr>
<td>COVID19 can be avoided without immunization by taking precautions</td>
<td>6</td>
<td>4.0</td>
</tr>
<tr>
<td>I am confident I will not get infected with COVID19</td>
<td>12</td>
<td>7.9</td>
</tr>
<tr>
<td>I am against vaccination in general</td>
<td>12</td>
<td>7.9</td>
</tr>
<tr>
<td>I am afraid of injection</td>
<td>2</td>
<td>1.3</td>
</tr>
<tr>
<td>Religious reasons</td>
<td>1</td>
<td>0.7</td>
</tr>
<tr>
<td>Other</td>
<td>18</td>
<td>11.9</td>
</tr>
</tbody>
</table>

**Discussion**

Recently, the COVID-19 pandemic has resulted in a rise in mortality and morbidity and affected the lives of people around the world. In the AL-Snaafi study, COVID19 experience in individuals or their families was 523 (48.7%), which was the same in our study. This could occur because of frequent visits between the two neighboring countries. 154 (79%) of the participants had a history of vaccine rejection. 138 people (70.4%) of our participants said that they would reject the COVID19 vaccine. Luma study at Kurdistan-Iraq shows that 475 people (27.9%) reported Covid-19 vaccine hesitancy, with fear of side-effects (41.4%) and lack of confidence in using the vaccine (23.5%) being the most common perceived barriers. In a recent study of Egyptian medical students, 90.5% perceived the importance of vaccination against COVID-19 while in an Italian study of vaccine hesitancy only 51.2% reported that they planned to get the COVID-19 vaccine. In Nehmat et al. study, less than two-thirds (63%) of the subjects were willing to take the COVID-19 vaccine if and when it is available, and 42% of them showed their reservations toward vaccination. This might reflect a difference in the degree of vaccine importance concept (Table 1). The availability of the COVID-19 vaccine has proven critical in containing the COVID-19 pandemic. Acceptance of the COVID-19 vaccination by the general public will result in the success of this program.
Al-Zahraa medical students prefer Pfizer vaccine 46 (34.8%), Oxford-AstraZeneca vaccine 17 (9.2%), Chine-Sinovac vaccine 11 (6%), and 92 (50%) were not aware of the differences between the vaccines. In the aforementioned Italian study amongst health workers asked about taking the COVID-19 vaccine, only 20% and 24% preferred to take the Oxford-AstraZeneca or Pfizer vaccine, respectively. Participants in a Saudi Arabian study preferred the Pfizer-BioNTech vaccine (20.9%), which was lower than the result in our study. Most Iraqis in this study thought Pfizer’s vaccination was the best because it had fewer side effects, and this perception may have been influenced by social media promotion.

In Hasainai's study, the Oxford (AstraZeneca) vaccination was favored by nearly half (48.6%). In Saied's study among Egyptian health workers (46.2%) reported preferring Pfizer-BioNTech and in AL-Snaafi's study preferred the Pfizer-BioNTech vaccine which is much higher than Al-Zahraa university students' preference for the same vaccine. The difference might be due to the unfamiliarity of Al-Zahraa university students with the vaccine mechanism and other details in addition to the rumors accompanied with the release of the COVID19 vaccine (Table 2).

In this study, 20 students (16.4%) wanted to be vaccinated against COVID-19 so that they could resume their normal lives. 45 (36.9%) had other reasons not mentioned. In the Yoda study on a Japanese sample 86.4% of survey respondents thought that vaccination was effective and preventive, and 21.3% thought they would be able to resume their normal lives. The disparity between the results of the studies could be attributed to higher living standards and distinctive health promotion activity in Japan as compared to Iraq (Table 3). Furthermore, in our study on the reasons for refusing to be vaccinated against COVID-19, we discovered that 43 (28.5%) of the participants were concerned about potential side effects, while 33 (21.5) believed that the COVID-19 vaccine is not safe. In a survey of the Pakistani general public 28.4% felt the COVID-19 vaccination was developed in a relatively short time, while 19.0% thought that the vaccine was not safe and could kill people. This indicates that both participants in Iraq and Pakistan have similar myths about the COVID-19 vaccine.

In Yoda's study about 66.5% were concerned about side effects. Nearly 20% did not trust vaccine efficiency. Comparing with this study, the Japanese study shows more hesitation about side effects than in our Iraqi sample (Table 4).

Conclusion
As a result of this research, Al-Zahraa university students' low acceptance of the COVID-19 vaccine has been attributed to myths and fear of side effects. This may be due to the belief that Oxford-AstraZeneca vaccines have more side effects than Pfizer vaccines, and the fact that most of them do not know the difference between COVID19 vaccines at Al-Zahraa University. Concerns were made that the vaccine's release before evidence of its safety and effectiveness has been released. Vaccine refusal in underdeveloped nations should be addressed with public precautions and emergency measures.

Recommendation
Information provided to the media about COVID-19 vaccines should be transparent, especially in terms of side effects and safety. Government must also build public trust so that people believe in the government's health advice. To reassure the public that the vaccine is efficacious and safe, further education and promotion is required.

Consent
It was agreed upon by participants that a message would be sent to the entire recipient list of the questionnaire, mentioning the study’s significance as well as their freedom to share their information with the researcher while maintaining their privacy. They were given the option of declining to participate, and they were informed that they might withdraw at any point during the research without giving a reason.

This study was approved by the Human Research Ethics committee at Al-Zahraa university, Approval number (HREC 35).

Data availability
Underlying data

This project contains the following underlying data:

- Blank Quiz (Responses).xlsx (Spreadsheet of questionnaire responses).
• COVID19 vaccination choice among Iraqi students at Q.pdf (a blank copy of the questionnaire used in the research).

Data are available under the terms of the Creative Commons Attribution 4.0 International license (CC-BY 4.0).

Acknowledgment
I thank all student participants who contributed to this study.

References


Open Peer Review

Current Peer Review Status: ??

Version 1

Reviewer Report 01 April 2022

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Bijaya Kumar Padhi

Department of Community Medicine, School of Public Health, Post Graduate Institute of Medical Education and Research (PGIMER), Chandigarh, Punjab and Haryana, India

The authors used an online-based cross-sectional study among students (n=198) to understand students' preferences and refusals of the COVID19 vaccine in Iraq. Though low sample size is a concern, the study demonstrated a high rate of vaccine refusal. The manuscript is well written, data presentations are clear and adequate. My specific comments are as under:

1. Introduction – How this research fills the gap in the literature? Hypothesis is not mentioned.

2. Method section – How were the study samples obtained? Does the study sample reflect the appropriate and representative population? Inclusion and exclusion criteria not mentioned. Data collection procedure not clearly written.

3. Development of study tools should be described in the method section.

4. Psychometrics of the survey instruments should be provided.

5. Discussion section – more details are needed with regard to implications of the findings for clinical audiences.

References


Is the work clearly and accurately presented and does it cite the current literature?

Yes

Is the study design appropriate and is the work technically sound?
Yes

**Are sufficient details of methods and analysis provided to allow replication by others?**
No

**If applicable, is the statistical analysis and its interpretation appropriate?**
Yes

**Are all the source data underlying the results available to ensure full reproducibility?**
No

**Are the conclusions drawn adequately supported by the results?**
Partly

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Public Health

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

---

**Author Response 04 Apr 2022**

**HASSAN al-kazzaz**, Al- Zahra university for women, Karbala, Iraq

Dear Sir,

Thank you so much for your very fruitful notes.

In regard to:

No.1 - The hypothesis was most of Alzahraa university students refuse COVID-19 vaccine. The results in this study approved this hypothesis.

No.2- the study include all students in the university which represent the university and also represent the inclusion criteria. The inclusion criteria will be all students outside Al Zahraa university.

Also the study used google class room in collection of the data because of the event of COVID-19 pandemic and the students were taking their lessons via intermate.

No.3 - About study tools I had used google classroom and statistics that mention in methodology and will be more than happy if you need any other information of interest.

No.4- Most of the students refuse to do psychometric test because they think it have some discriminatory against gender. The study respects the privacy of the students.

No.5 - Rejection of Covid19 vaccine is a global problem. The study pointed out that alzahraa
students were on the same floor. Governmental and nongovernmental agencies have to take their roles in convincing their communities to accept COVID-19 vaccination through out media and other steps. this will be done through building trust bridges between the people and health authorities.

Its my pleasure and great honor to have you as reviewer to my research and hope my answer will be convenient to you.

Please do not hesitate to ask any questions which will add to my knowledge new information.

Waiting for your reply, wishing you all the best,
Hassan Al Kazzaz

Competing Interests: N/A

Reviewer Report 22 March 2022

https://doi.org/10.5256/f1000research.59138.r121595

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Mohammad Yasir Essar
Faculty of Dentistry, Kabul University of Medical Sciences, Kabul, Afghanistan

The study “COVID19 vaccination choice among Iraqi students at Al-Zahraa University for women” by Hassan Hadi Al Kazzaz has investigated the COVID-19 vaccination choice In Al-Zahraa university. I appreciate the author for conducting this important study. However, I would suggest some comments.

First, please talk about COVID-19 statistics in Iraq and particularly in city where this university is located.

Second, talk about what is Vaccine Hesitancy in your introduction. Provide a short description. Use these articles for reference if needed. 12

Third, in your discussion, try to compare more studies with your findings. One study I would like you to compare could be Nehmat et al. 3

Fourth, it would be great if you could add more to the recommendations. For instance, how your findings could help address the problem. How health policymakers can benefit from this.

References

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Yes

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Yes

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 04 Apr 2022

HASSAN al-kazzaz, Al-Zahra university for women, Karbala, Iraq

Dear Dr Mohamad,
Thank you so much for your very fruitful notes. I will work on these notes and let you know. Wishing you all the best,
Hassan Al-Kazzaz

Competing Interests: N/A
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