RESEARCH ARTICLE

Young key affected population in Myanmar: are there any challenges in seeking information and care for HIV/sexually transmitted infections and reproductive health? [version 2; referees: 1 approved, 1 approved with reservations]

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Abstract
Background: Unmet needs and barriers in seeking HIV/STI and RH information and care are present especially among young key affected population (YKAP). Therefore, the study was conducted to determine the health seeking behaviors of YKAP regarding HIV/STI and RH, and challenges in seeking health information and care.

Methods: A cross-sectional, mixed-methods study was conducted at two large cities in Myanmar. Face-to-face interviews were conducted with YKAP aged 15-24 years. In-depth interviews and key informant interviews were done with YKAP and health care providers. Descriptive statistics and bivariate analyses were done for quantitative data and thematic analysis was applied for qualitative data.

Results: A total of 119 young men who have sex with men (YMSM) and 123 young female sex workers (YFSW) included in the study. Mean age of YMSM and YFSW were 20.9±2.4 and 21.7±2.2 years. Over 30% of YMSM and 49.3% of YFSW had experience of any STI symptom. Particularly, 17% of YMSM and 10% of YFSW had genital ulcer, and majority sought health care at NGO clinics. About 37% of YMSM and 40% of YFSW visited Drop-in-center (DIC) within one to six months. Over 13% of YMSM and 14.6% of YFSW had challenges in seeking HIV/STI and RH information. YMSM/YFSW type and age of YMSM were associated with visit to DIC. Lesser proportions of Tha-nge (43.5%), younger age YMSM (66.7%), brothel-based YFSW (47.9%) visited DIC than others (p<0.05). Challenges and unmet needs expressed by YKAP were reluctance in asking health information, worry for future fertility, consequences of anal sex and contraception. Challenges expressed by providers were limited time during outreach service and difficulty in reaching entertainment-based sex workers.

Conclusions: Special attention in provision of health information should be paid to YKAP since there is a considerable proportion of YKAP with unmet need in seeking HIV/STI/RH information and care.

Keywords
Young Key Affected Population, Men who have sex with men, Female sex workers, HIV, Sexually Transmitted Infection, Reproductive Health, Myanmar
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It was also stated that efforts must be made to tailor services to objectives to fulfil the goal of the current National Strategic Plan. A higher percentage of MSM who received an HIV test in the last 12 months was 71%, and the percentage of FSW who received an HIV test in the last 12 months was 77%. With regards to service utilization, the percentage of FSW who received an HIV test in the last 12 months was 71%, and the percentage of MSM who received an HIV test in the last 12 months was 74%. Reducing the incidence of HIV among priority populations like MSM and FSW was described as one of the objectives to fulfil the goal of the current National Strategic Plan. It was also stated that efforts must be made to tailor services to reach the priority population of young people. However, very few studies have been conducted among the YKAP in Myanmar identifying health-seeking behaviors and their perceived barriers. Therefore, current study was conducted to determine the health seeking behaviors regarding HIV/STI and reproductive health (RH), challenges and the unmet needs in seeking health information among YKAP.

**Methods**

**Study design and setting**

A cross-sectional, mixed-methods study was conducted using both quantitative and qualitative methods among the YKAP, including young FSW (YFSW) and young MSM (YMSM) in Yangon and Mandalay, Myanmar, during February and June 2017. Yangon and Mandalay are two largest business cities of Myanmar where the YKAP community is larger than that of other areas.

**Participants**

### Inclusion criteria:

1. YFSW aged 15 to 24 years currently working as sex workers whose sex work was based either at brothels, entertainment places (karaoke, club, bar) or on the streets.

2. YMSM aged 15 to 24 years who identified themselves as apwint (open type) or apone (hidden type) or tha-nge (male partner of either apwint or apone).

**Operational definition of MSMs according to their types**

- **Apwint:** Those who are biological males whose public and private gender identity is generally masculine, but they may dress as men or dress and act as females. Apwint are generally more ‘open’ MSM and some could be considered ‘transgender’.
- **Apone:** Those who are biological males whose gender identity may be either masculine or feminine and may or may not express themselves femininely.
- **Tha Nge:** Those who are biological males whose gender identity is masculine with a sexual preference for apwint and apone as well as for women, however they are often ‘hidden’ MSM.

**Operational definitions of RH and unmet needs in seeking health information**

Reproductive health and services

According to World Health Organization, “reproductive health addresses the reproductive processes, functions and system at all stages of life and it implies that people are able to have a responsible, satisfying and safe sex life and that they have the capability to reproduce and the freedom to decide if, when and how often to do so.” In present study, we focused only on STI/HIV and the services related to them.

Unmet needs in seeking health information

“Although YKAP wants to know or receive STI/HIV information/care, they could not get/receive information/care as they would like to.”
For example, though they want to know details about the consequences of anal sex, they do not know how to get or from whom they could get the information.

**Variables**

**Outcome variables**
Health-seeking behavior was measured on
1) Ever receive HIV testing (Yes/No)
2) STI treatment (Yes/No)
3) Visit to DIC (Yes/No)

**Independent variables**
1) Age: both continuous and categorical measurement
2) Type of MSM: either apwint, apone or thange (as defined above)
3) Type of FSW: either brothel-based, entertainment-based or street-based
4) Education: either illiterate, read & write, primary school, middle school, high school, university
5) Having income earning job: either yes, not always or no
6) Any STI symptoms: yes or no

Challenges and unmet needs were mainly discussed during in-depth interviews and key informant interviews.

**Sampling and sample size**

Purposive sampling was applied in recruiting YMSM and YFSW since they were hidden population and could not be easily accessible like general population. Firstly, identification of the places for recruitment of the possible participants was made after discussion with the focal persons from the networks of FSW and MSM. FSWs were recruited from brothels, massage parlors, karaoke and soliciting sites on the streets according to the inclusion criteria. MSMs were recruited at beauty salons and gathering places along the streets. No recruitment was done through clinics and drop-in centers (DIC) to prevent bias in sampling those with good health-seeking behavior. Participants for qualitative interviews were selected based on the type of YMSM and YFSW, their experience of barriers/unmet needs and their willingness to participate in the interviews.

Considering proportions of MSM and FSW who seek HIV testing service in last 12 months as 20% and 30% according to a previous study, 95% confidence level, precision of 0.1 and design effect of 1.5, the minimum required sample size for each population was 93 (YMSM) and 122 (YFSW) by using a sample size formula for one proportion.

**Data collection**
Research assistants were trained at the Department of Medical Research before field data collection. A structured questionnaire was developed for quantitative assessment and face-to-face interviews were carried out with YKAP using a structured, pre-tested questionnaire by trained interviewers.

Guidelines were developed for in-depth interviews (IDIs) and key informant interviews (KII). In-depth interviews were conducted with YKAP and key informant interviews were carried out with the service provider to explore their opinions and experiences. Service providers are the focal persons from National AIDS Program and non-governmental organization (NGO)/international NGO working for the key populations. These IDIs and KIIIs were conducted by two principal investigators who have experience of conducting qualitative interviews. Because of confidentiality issues, the interviews were not audio recorded. However, discussions were noted down by well-trained note takers. Two note-takers also have previous experience of dealing with key populations and they were mainly trained on how to strictly ensure and value confidentiality of the study population.

A total of 119 face to face interviews with YMSM and 123 face to face interviews with YFSW were carried out using a structured questionnaire. In addition, 12 IDI and 10 KII were conducted with service providers and focal persons. (Supplementary File 1, Supplementary File 2), (Supplementary File 3)

Main themes included in IDIs and KIIIs were as follows:
- Perspective on young key affected population
- Challenges in receiving/providing RH/HIV information and health care
- Unmet needs in receiving RH/HIV information and health care

**Data management and analysis**

Data entry was conducted using EpiData version 3.1 and analysis was conducted with SPSS version 16 for quantitative data. Descriptive statistics were shown as frequency/percentage for categorical variables and mean/median for continuous variables. Bi-variate analysis was done using the chi-squared test.

Regarding the qualitative data, transcripts were prepared and manual coding was applied to explore the main themes such as unmet needs and barriers in seeking HIV/STI and other RH information. Manual thematic analysis was done by using matrix according to the themes and type of participants.

**Ethical consideration**

Verbal informed consent was obtained from each participant after thorough explanation about the objectives of the study. Regarding the participants below 18 years, we have to request their consents directly since it was not possible to ask from their guardians. Anonymity and confidentiality of the information were ensured using the code numbers and only researchers have accessed to the information. Ethics approval was also obtained from the Ethics Review Committee of The Department of Medical Research (Ethics/DMR/2016/091), Ministry of Health and Sports, Myanmar.

**Results**

**Participant characteristics**
Socio-demographic characteristics and family related information of participants are shown in Table 1. A total of 119 young men
Table 1. Background characteristics and family-related information of the participants.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>YMSM (n=119), n (%)</th>
<th>YFSW (n=123), n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, years</td>
<td>Mean ± SD</td>
<td>Range</td>
</tr>
<tr>
<td>YMSM</td>
<td>20.9 ± 2.4</td>
<td>16 – 24</td>
</tr>
<tr>
<td>YFSW</td>
<td>21.7 ± 2.2</td>
<td>16 – 24</td>
</tr>
<tr>
<td>Education</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Illiterate</td>
<td>3 (2.5)</td>
<td>16 (13.0)</td>
</tr>
<tr>
<td>Read &amp; write</td>
<td>7 (5.9)</td>
<td>25 (20.3)</td>
</tr>
<tr>
<td>Primary school</td>
<td>26 (21.8)</td>
<td>51 (41.5)</td>
</tr>
<tr>
<td>Middle school</td>
<td>49 (41.2)</td>
<td>29 (23.6)</td>
</tr>
<tr>
<td>High school</td>
<td>10 (8.4)</td>
<td>1 (0.8)</td>
</tr>
<tr>
<td>Graduate/University</td>
<td>24 (20.2)</td>
<td>1 (0.8)</td>
</tr>
<tr>
<td>Marital status</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Married</td>
<td>32 (27.1)</td>
<td>30 (24.4)</td>
</tr>
<tr>
<td>Not married</td>
<td>85 (71.2)</td>
<td>56 (45.5)</td>
</tr>
<tr>
<td>Divorced</td>
<td>2 (1.7)</td>
<td>37 (30.1)</td>
</tr>
<tr>
<td>Have income earning job</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes, always</td>
<td>87 (73.1)</td>
<td>15 (12.2)</td>
</tr>
<tr>
<td>Yes, not regular</td>
<td>18 (15.1)</td>
<td>5 (4.1)</td>
</tr>
<tr>
<td>No</td>
<td>14 (11.8)</td>
<td>103 (83.7)</td>
</tr>
<tr>
<td>Monthly income, Kyats</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No income</td>
<td>12 (10.1)</td>
<td>-</td>
</tr>
<tr>
<td>Up to 1000,000</td>
<td>18 (15.1)</td>
<td>6 (4.9)</td>
</tr>
<tr>
<td>&gt;100,000 – 200,000</td>
<td>53 (44.5)</td>
<td>46 (37.4)</td>
</tr>
<tr>
<td>&gt;200,000 – 500,000</td>
<td>28 (23.5)</td>
<td>53 (43.1)</td>
</tr>
<tr>
<td>&gt;500,000</td>
<td>8 (6.7)</td>
<td>18 (14.6)</td>
</tr>
<tr>
<td>Current living conditions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parents/Guardians</td>
<td>76 (53.9)</td>
<td>49 (39.9)</td>
</tr>
<tr>
<td>Friends/colleagues</td>
<td>22 (18.4)</td>
<td>66 (53.7)</td>
</tr>
<tr>
<td>Partner</td>
<td>13 (1.1)</td>
<td>5 (4.1)</td>
</tr>
<tr>
<td>Alone</td>
<td>8 (6.7)</td>
<td>3 (2.4)</td>
</tr>
<tr>
<td>Parents/Guardians accepted as MSM/FSW</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Accepted</td>
<td>67 (56.3)</td>
<td>27 (22.0)</td>
</tr>
<tr>
<td>Not accepted</td>
<td>21 (17.6)</td>
<td>17 (13.8)</td>
</tr>
<tr>
<td>Don’t know their status</td>
<td>31 (26.1)</td>
<td>79 (64.2)</td>
</tr>
</tbody>
</table>

YMSM, young men who have sex with men; YFSW, young female sex workers.

who have sex with men (YMSM) and 123 young female sex workers (YFSW) included in the assessment. The mean age of YMSM and YFSW was 20.9±2.4 and 21.7±2.2 years, respectively. Nearly 60% of YMSM were apwint (open type), 21.8% were apone (hidden type) and 19.3% were tha-nge (male partner of apwint or apone) as identified by themselves. Based on the place of sex work, YFSW included in the study were identified as brothel-based (40%), entertainment-based (karaoke/restaurant/nightclub/massage) (32.5%) and street-based (28.5%) respectively.

Regarding their education status, 72.3% and 86.2 % of YMSM and YFSW, respectively, had completed primary school education, and 8.4% of YMSM were university graduates. Around one-fourth of both YMSM (27.1%) and YFSW (24.4%) were married. Median monthly income of YMSM and YFSW were 200,000 Kyats and 300,000 Kyats, respectively. Over 50% of YMSM and about 40% of YFSW were currently living with their parents. More than half of YMSMs’ parents/guardians accepted their sexual identity as MSM while only 22% of YFSWs’ parents/guardians accepted them as sex workers.

Sexual health of participants

Figure 1 describes the STI symptoms experienced by YMSM and YFSW; genital ulcer was most common for YMSM while white discharge was most common for YFSW. In particular, past incidence of genital ulcers was reported by 17% of YMSM and 11% of YFSW. Over 21% of YFSW suffered from white discharge while 7.6% of YMSM suffered from urethral discharge. Additionally, lower abdominal pain was also common in YFSW (18.7%). Table 2 shows the health-seeking behaviors of YMSM and YFSW regarding RH, STI and HIV. About 70% of YMSM and 56% of YFSW had experience of health-seeking for STI symptoms and the majority of them go to NGO clinics to treat STI. Over 90% of YMSM and YFSW have received HIV testing in the past and over 80% of them had tested for HIV within 6 months. The main reason for undergoing HIV testing is that they would like to know whether they have been infected with HIV or not. Over 90% of both YMSM and YFSW went to an NGO clinic for HIV testing. Regarding the utilization of drop-in centers (DICs), 79% of YMSM and 56.9% of YFSW have ever visited a DIC. Among them, 53.2% of YMSM and 38.6% of YFSW visited a DIC within the previous month.

Figure 2 shows the barriers or limitations in receiving STI/HIV and RH information, and health care seeking. Just over 13% of YMSM and 14.6% of YFSW mentioned that they experience external and personal barriers towards seeking health information on RH. Similarly, 11% of YMSM and 12% of YFSW have barriers in seeking STI/HIV information.

Visit to DICs among YKAP and their background characteristics are shown in Table 3. Type of MSM and age were associated with visiting a DIC among YMSM. A lesser proportion of tha-nge (43.5%) visited a DIC than apwint (85.7%) and apone (92.3%) (p=0.0001). A higher proportion of older YMSM visited DICs in comparing to younger MSM (84.3% vs. 66.7%, p=0.03). Among YFSWs, visiting a DIC was associated with their place of work: a significantly higher proportion of street-based YFSW (77.1%) visited DICs than those who worked in entertainment locations (50%) and brothels (47.9%) (p=0.01).

During in-depth interviews and key informant interviews, different challenges and unmet needs in seeking health information and services were mentioned by YKAP as shown in Table (4). Common challenges mentioned by YMSMs were “financial
Table 2. Health seeking behaviours of young men who have sex with men (YMSM) and young female sex workers (YFSW) regarding reproductive health and STI/HIV services.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>YMSM (n=119), n (%)</th>
<th>YFSW (n=123), n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever have any STI symptom</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>36 (30.3)</td>
<td>54 (49.3)</td>
</tr>
<tr>
<td>No</td>
<td>83 (69.7)</td>
<td>69 (56.1)</td>
</tr>
<tr>
<td>Experience of health seeking for STI symptoms</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>26 (72.2)</td>
<td>35 (64.8)</td>
</tr>
<tr>
<td>No</td>
<td>10 (27.8)</td>
<td>19 (35.2)</td>
</tr>
<tr>
<td>Place of seeking health care for STI</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NGO clinic</td>
<td>22 (84.6)</td>
<td>25 (71.4)</td>
</tr>
<tr>
<td>Private clinic/hospital</td>
<td>2 (7.7)</td>
<td>8 (22.9)</td>
</tr>
<tr>
<td>Public clinic/hospital</td>
<td>2 (7.7)</td>
<td>2 (5.7)</td>
</tr>
<tr>
<td>Ever received HIV testing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>112 (94.1)</td>
<td>112 (91.1)</td>
</tr>
<tr>
<td>No</td>
<td>7 (5.9)</td>
<td>11 (8.9)</td>
</tr>
<tr>
<td>Last time of HIV testing (n=112)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Within 6 months</td>
<td>93 (83.1)</td>
<td>91 (81.3)</td>
</tr>
<tr>
<td>6 months–1 year</td>
<td>11 (9.8)</td>
<td>13 (11.6)</td>
</tr>
<tr>
<td>&gt;1 year</td>
<td>8 (7.1)</td>
<td>8 (7.1)</td>
</tr>
</tbody>
</table>

Figure 1. STI symptoms experienced by young men who have sex with men (YMSM) and young female sex workers (YFSW).

Figure 1. STI symptoms experienced by young men who have sex with men (YMSM) and young female sex workers (YFSW).

Table 2. Health seeking behaviours of young men who have sex with men (YMSM) and young female sex workers (YFSW) regarding reproductive health and STI/HIV services.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>YMSM (n=119), n (%)</th>
<th>YFSW (n=123), n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reason of HIV testing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Friends also take testing</td>
<td>23 (20.5)</td>
<td>6 (5.4)</td>
</tr>
<tr>
<td>NGO staff come &amp; ask for testing</td>
<td>6 (5.4)</td>
<td>40 (35.7)</td>
</tr>
<tr>
<td>Want to know my HIV status</td>
<td>75 (67.0)</td>
<td>62 (55.4)</td>
</tr>
<tr>
<td>Others</td>
<td>8 (7.6)</td>
<td>4 (3.6)</td>
</tr>
<tr>
<td>Place of HIV testing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NGO clinic</td>
<td>102 (91.1)</td>
<td>102 (91.1)</td>
</tr>
<tr>
<td>Private clinic/hospital</td>
<td>2 (1.8)</td>
<td>7 (6.2)</td>
</tr>
<tr>
<td>Public clinic/hospital</td>
<td>8 (7.1)</td>
<td>2 (1.9)</td>
</tr>
<tr>
<td>Others</td>
<td>-</td>
<td>1 (0.9)</td>
</tr>
<tr>
<td>Ever visited DIC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>94 (79.0)</td>
<td>70 (56.9)</td>
</tr>
<tr>
<td>No</td>
<td>25 (21.0)</td>
<td>53 (43.1)</td>
</tr>
<tr>
<td>Last visit to DIC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Within 1 month</td>
<td>50 (53.2)</td>
<td>27 (38.6)</td>
</tr>
<tr>
<td>1–6 months</td>
<td>35 (37.2)</td>
<td>28 (40.0)</td>
</tr>
<tr>
<td>6 months–1 year</td>
<td>5 (5.3)</td>
<td>4 (5.7)</td>
</tr>
<tr>
<td>&gt;1 year</td>
<td>4 (4.3)</td>
<td>11 (15.7)</td>
</tr>
</tbody>
</table>

NGO, non-governmental organization; DIC, drop-in clinic.
mentioned that it was difficult to reach and provide services to the girls from entertainment locations, such as karaoke.

Selected quotations included:

“… Currently, I’m living together with ‘achout’ (apwint MSM), but I have a plan to marry a girl in the future. I worry about my fertility status at that time… afraid that I may not able to procreate…” (IDI 3, tha-nge, 23 years old).

“… We can’t go outside everyday… we’re allowed to go outside for one day per week … only for 2–3 hours…” (IDI 6, FSW, 20 years old).
Financial problem
Contraception
Little interest to health messages and
documented that the HIV testing rate was
25
17
11
Provider
19
Health consequences from having
YFSW
24
No or limited time to access
22
-24
18
-14
Monywa, in 2015
previous study done in two large cities of Myanmar, Yangon and
high HIV testing rates among YMSM was consistent with the
text might contribute to this discrepancy. However, findings on
socio-economic background, sampling strategy and cultural con
from current study had been tested for HIV in the past. Different
other studies, much higher proportions of YMSM and YFSW
as low as 32.7% among MSM in Amsterdam
Bartelsman
was documented in a study done in Nigeria
HIV testing
conducted in China found that 40–60% of MSM had ever done
behavior among key population like MSM and FSW. Studies
Previous studies have documented on the health care seeking
YKAP.

Discussions and conclusions
The current study highlights the health-seeking behaviors,
challenges and unmet needs of the YKAP (YMSM and YFSW)
regarding reproductive health and STI/HIV services. Experience
of any STI symptom was disclosed by some YMSM and YFSW.
The majority of YMSM and YFSW have received HIV testing
in the past. In addition, both YMSM and YFSW had experience
of health-seeking for STI symptoms and majority of them sought
health care from NGO clinics. We also found barriers and unmet
needs in seeking health information on RH and STI/HIV among
YKAP.

Previous studies have documented on the health care seeking
behavior among key population like MSM and FSW. Studies
conducted in China found that 40–60% of MSM had ever done
HIV testing
14-16
, while a similar HIV testing rate among FSW
was documented in a study done in Nigeria
17
. Moreover, Bartelsman et al. documented that the HIV testing rate was
as low as 32.7% among MSM in Amsterdam
18
. In contrast to
other studies, much higher proportions of YMSM and YFSW
from current study had been tested for HIV in the past. Different
socio-economic background, sampling strategy and cultural con-
text might contribute to this discrepancy. However, findings on
high HIV testing rates among YMSM was consistent with the
previous study done in two large cities of Myanmar, Yangon and
Monywa, in 2015
1
. It was also supported by the evidence from
the progress report of National AIDs Program in Myanmar,
which found that HIV testing rates among MSM and FSW were
dramatically increased between 2006 and 2010. Specifically,
testing rates tripled in MSM and quadrupled in FSW
20-21
. In the
current study, although the self-reported testing rates were high,
we did not ask about the quality of testing services and did not
verify these rates by other methods.

Experience of STIs among FSW had been noted in previous
studies
20,21
. In Bangladesh, 41.6% of FSW had experience of
any STI symptom and many of them had unmet needs for SRH care
21
. A lesser proportion of YFSW from our study also had
experience of STI symptoms in the past. On the other hand,
21.4% and 15.4% of MSM from Tanzania and Peru had any
past STI symptoms, and similar findings were also identified in
the current study
22
. However, in our study, experience of STI
symptoms was noted according to their responses and was not
validated by blood test. Access to RH information, including
that concerning HIV/STI, is important for the YKAP.

Unmet needs and the barriers in seeking sexual and reproduc-
tive health care was documented in previous studies
24,25
. The
prevalence of unmet need was 25% among hotel-based
FSW and 36% among street-based FSW according to a study
in Bangladesh
26
. Another study also reported that over 50%
of FSWs have faced barriers in seeking SRH care
25
. Common
barriers included financial problems, shame about receiving
care, unwillingness and unfriendly behavior of the provider.
Certain proportions of YKAP from current study mentioned
that they have challenges in seeking reproductive health
information. Similarly, some of them have barriers in seeking
STI/HIV information. One of the main barriers YFSW mentioned
was “no or limited time to access health services”. To overcome
this barrier, we may need to discuss more with the gate keepers
like managers, brothel owners to allow them in receiving mobile
health care services or DIC services. Reluctance in asking health
information was also expressed by YMSM. In this case, health care
providers should have to do more counseling to YKAP.
The current study has certain limitations. Findings on the information related to STI experience and HIV testing of key population may have some bias since we have to rely on the respondents’ answers and could not validate them by other methods. However, we tried to overcome the limitation by providing a thorough explanation about the study’s objectives. Furthermore, generalization of the study findings to other areas of Myanmar may also have limitations because the study participants were only from two large major cities, where many NGOs/international NGOs are working for these populations.

In conclusion, some YKAP have experienced of STI symptom in the past and many of them went to NGO clinic for seeking care. Moreover, many YKAP have tested for HIV within six months. Lesser proportions of Tha-Nge, younger MSM, brothel and entertainment-based YFSW visited DIC than their counterparts. A considerable proportion of YKAP perceived that they have unmet needs in seeking RH information and care.

Special attention in provision of health information should be paid to the YKAP since there is a considerable proportion of the YKAP with unmet needs in seeking RH information and care. Strengthening of health education activities regarding STI is recommended for YKAP, especially for YFSW who work in entertainment-based locations.

Data availability
Dataset 1. Complete answers to questionnaires for young men who have sex with men and young female sex workers. A key to the coding and abbreviations is also included. DOI: https://doi.org/10.5256/f1000research.16029.d217070.

Transcripts from interviews are not available to maintain the confidentiality of the study subjects.

Grant information
The current study was fully funded by the World Health Organization.

The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Supplementary material
Supplementary File 1. Questionnaire used to obtain data for young men who have sex with men. Click here to access the data.

Supplementary File 2. Questionnaire used to obtain data for young female sex workers. Click here to access the data.

Supplementary File 3. Guidelines for interviews with service providers and the young key affected population. Click here to access the data.

References
11. UNESCO and Department of Medical Research, Ministry of Health, Myanmar: Multi-level risk and protective factors and HIV-related risk behaviours among young men who have sex with men (YMSM) in Myanmar. 2015. Reference Source


Open Peer Review

Current Referee Status:  

Version 2

Referee Report 16 November 2018

https://doi.org/10.5256/f1000research.18428.r40597

Kyu Kyu Than
Burnet Institute, Melbourne, VIC, Australia

I have no further comments to make. The Authors has revised the article according to my comments and suggestions. I am satisfied with their revision.

Competing Interests: No competing interests were disclosed.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Referee Report 16 October 2018

https://doi.org/10.5256/f1000research.17506.r38899

Kyu Kyu Than
Burnet Institute, Melbourne, VIC, Australia

An interesting and important article related to young key population (YKP) in Myanmar. The article mainly focused on the health seeking behaviours of YKPs (Young men having sex with men and Young female sex workers) in relation to STI treatment and HIV testing. It also seeks the utilization of Drop in centres by YKPs. Following clarifications and amendments are need on the manuscript.

General observation
- Although RH services were included in the objectives, the authors mainly focused on the STI symptoms, HIV testing and DIC utilization.
- The qualitative part of the study was weak in analysis and did not identify the main themes analysed. Was not clear what themes were ask and analysed and what was the added value to the quantitative study.
- Methodology needs to be more elaborated for the mix method studies using specific guidelines for qualitative and quantitative research methods.
- Clearly defining the unmet need for health information seeking is required.
Specific observation
Abstract
- Sample size for the qualitative and quantitative study should be moved to the methodology paragraph.
- Abbreviations should be avoided if possible in the abstract. If need to please specify before using it.

Introduction

As the focus of the study is youth 15 to 24 years, the first paragraph is a bit confusing shifting from 10-24 and 15-24 in the same sentence.

Methods
- There are three main outcome variables that seem to measure the health seeking behaviour. There is a missing variable on obtaining health information. Please clarify.
- Rationale for use of purposive sampling needs to be specified and more details of the sampling and data collection procedures are required. Recruitment of participants for the qualitative study was not mentioned and the sample size for KIs and IDIs was not observed. Using note takers in the interviews for populations like MSMs and FSWs, how was the breach of confidentiality ensured.
- Advantage of using a mix method study would benefit the study methodology stronger.
- Need to specify the main themes analysed for qualitative thematic analysis.

Results
- There is lack of results on health information seeking. Not clear how many percent try to seek health information and what are the main barriers? Table 4 describes the qualitative analysis but the linkage is missing with the quantitative findings.
- Description of the qualitative findings seems more appropriate if it could be linked to the quantitative data. Very little qualitative information is observed.

Discussion
- Discussions need a conclusion paragraph to draw the main findings and a way forward.

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Partly

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Yes

Competing Interests: No competing interests were disclosed.
I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Myo Myo Mon, Department of Medical Research, Ministry of Health and Sports, Myanmar

General Observation
Comment: Although RH services were included in the objectives, the authors mainly focused on the STI symptoms, HIV testing and DIC utilization.
Response: Thanks so much for your comments and clarification. You are right that there are many issues under the scope of RH including pregnancy, child birth, abortion, etc. However, in our study, we would like to focus only on STI and HIV since these are most common problems among MSMs and FSWs in Myanmar especially in relation to HIV transmission.

Comment: The qualitative part of the study was weak in analysis and did not identify the main themes analysed. Was not clear what themes were asked and analysed and what was the added value to the quantitative study.
Response: Thanks for your comments. Our objective for qualitative inquiry is to know their challenges and barriers in seeking health information on HIV/STI. It’s aimed to supplement the quantitative information by asking their reasons and perception. Now, we’ve revised in our manuscript adding the themes we’ve discussed.

Comment: Methodology needs to be more elaborated for the mix method studies using specific guidelines for qualitative and quantitative research methods.
Response: We’ve now added more information in the methodology section.

Comment: Clearly defining the unmet need for health information seeking is required.
Response: Now, we had added the operational definition in the manuscript.

Specific observation
Abstract
Comment: Sample size for the qualitative and quantitative study should be moved to the methodology paragraph.
Response: We’ve already revised in current version.

Comment: Abbreviations should be avoided if possible in the abstract. If need to please specify before using it.
Response: Already revised.

Methods:
Comment: There are three main outcome variables that seem to measure the health seeking behaviour. There is a missing variable on obtaining health information. Please clarify.
Response: We’ve added the information in current version.

Comment: Rationale for use of purposive sampling needs to be specified and more details of the sampling and data collection procedures are required. Recruitment of participants for the qualitative study was not mentioned and the sample size for KII and IDIs was not observed. Using
note takers in the interviews for populations like MSMs and FSWs, how was the breach of confidentiality ensured.

Response: Regarding rationale of purposive sampling and sample size for KII & IDI were added in current version of the manuscript. For using note takers in the interviews, we tried our best to ensure confidentiality. Our two note takers are well trained and have experienced in dealing with key population. Aim and objectives of the study were also thoroughly explained to YKAP.

Comment: Need to specify the main themes analysed for qualitative thematic analysis.
Response: we've revised it.

Results:
Comment: There is lack of results on health information seeking. Not clear how many percent try to seek health information and what are the main barriers? Table 4 describes the qualitative analysis but the linkage is missing with the quantitative findings.
Response: In table 2, we've described health seeking for STI, HIV testing and visit to DIC. In this regards, visit to DIC was a proxy measure for health information seeking. Health information seeking was also discussed during the qualitative interview.

Discussion:
Comment: Discussions need a conclusion paragraph to draw the main findings and a way forward.
Response: We've added a conclusion paragraph in current version.

Competing Interests: No competing interests were disclosed.

Tasnuva Wahed
College of Public Health Sciences, Chulalongkorn University, Bangkok, Thailand

Comments:
This is an important article in the field of sexual and reproductive health research, especially on sexually transmitted infections (STIs) and AIDS. This study intended to document the health seeking behaviours including barriers in health seeking and access to SRH information among young key populations, eg., female sex workers (FSWs), men having sex with men (MSMs) who were 15 to 24 years old in two cities of Myanmar. Following clarifications are needed on this script:

General observations:
• Need a clear operational definition of reproductive health (RH) and services? The author only described about STI and HIV. There are other RH problems of FSWs, such as-unintended pregnancies or childbirth, abortion etc. Did the authors exclude these RH problems from their study?
• Need a clear definition of unmet needs in seeking health information. How did they calculate unmet need of seeking health information?
• Need separately discuss about qualitative and quantitative data collection methods in the methodology.
• Need one paragraph conclusion at the end of this script. At current state, it is finished with limitations following recommendations without a conclusion.

Specific observations:

Abstract:
• Background: Please, use full abbreviation at first once before you use short term like sexually transmitted infections (STIs), reproductive health (RH) etc.
• Methods: What is the study period? How many face to face interviews, in-depth interviews and key informant interviews were conducted? What is the main outcome variable?

Introduction:
• What is the proportion of young key infected populations in Myanmar? If this information is not available, what proportion key infected populations of total population were reported in most recent national census or survey?

Methods:
• Operational definition: As mentioned earlier, please, define RH seeking behaviour
• Variables: You have only three outcome variables which are 1) ever receive HIV testing 2) STI treatment 3) Visit to DIC. But you have an objective to determine in seeking health information, therefore, you should have one variable “access to SRH information or seeking health information”.
• Sampling: What is the reason of choosing purposive sampling?
• How sample size of qualitative interviews (eg., in-depth interviews and key informant interviews) were determined?
• As mention earlier, please describe separately and clearly each method of data collection including sampling, sample size, development of questionnaires/ qualitative guidelines, data collection procedure
• Data analysis: Please, describe details of qualitative data analysis.
• Ethical consideration:Were verbal or written informed consents taken? What measures were taken to take consents from participants who were aged below 18 years old?

Results:
• You just showed reported barriers in seeking STI/HIV information in Figure 2. Before that, did you measure what proportion of participants accessed to STI/HIV information?
• Table 4: “No or limited time to access health services”- this statement is not clear. Does it mean that YFSW do not have time or have limited time to access health services? If it is so, do you discuss this point how policy makers or health programme can overcome this problem?
• Table 4: “Reluctance in asking health information”- same comment above that this statement is not clear. Does it mean that YFSW kept reluctance in asking health information to healthcare providers? If it is so, do you discuss this point how policy makers or health programme can overcome this problem?

Discussion:
• Last sentence of 2nd paragraph: “In the current study, although the self-reported testing rates were high, we did not ask about the quality of testing services and did not verify these rates by other methods.”- do you please, justify why you did not take measures on quality and verification of self-reported testing services? How this limitation can be overcome in your study?
• Please, include a concluding paragraph.

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Partly
Are sufficient details of methods and analysis provided to allow replication by others?  
Partly

If applicable, is the statistical analysis and its interpretation appropriate?  
Yes

Are all the source data underlying the results available to ensure full reproducibility?  
Yes

Are the conclusions drawn adequately supported by the results?  
Yes

**Competing Interests:** No competing interests were disclosed.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

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**Author Response 01 Nov 2018**

**Myo Myo Mon,** Department of Medical Research, Ministry of Health and Sports, Myanmar

Comment: Need a clear operational definition of reproductive health (RH) and services? The author only described about STI and HIV. There are other RH problems of FSWs, such as unintended pregnancies or childbirth, abortion etc. Did the authors exclude these RH problems from their study?
Response: Thanks so much for your comments and clarification. You are right that there are many issues under the scope of RH including pregnancy, child birth, abortion, etc. However, in our study, we would like to focus only on STI and HIV since these are most common problems among FSWs community in Myanmar especially in relation to HIV transmission. We had revised our manuscript by adding operational definition of RH and services.

We also revised the following facts according to your comment "Need a clear definition of unmet needs in seeking health information. How did they calculate unmet need of seeking health information?"
Response: Since our main focus was on STI and HIV, participants were requested to respond about their unmet needs in seeking health information regarding STI/HIV. Operational definition of unmet needs in seeking health information was defined in our study as follows.
"Although YKAP wants to know or receive STI/HIV information/care, they could not get/receive information/care as they would like to."
For example- though they want to know details about the consequences of anal sex, they do not know how to get or from whom they could get the information.

Comment: Need separately discuss about qualitative and quantitative data collection methods in the methodology.
Response: According to your suggestion, we revised our manuscript by describing separately about quantitative and qualitative methods.

Comment: Need one paragraph conclusion at the end of this script. At current state, it is finished
with limitations following recommendations without a conclusion.
Response: I think, conclusion is already included together with recommendation. However, we’re revising by adding conclusion statement.
“In conclusion, some YKAP have experienced of STI symptom in the past and many of them went to NGO clinic for seeking care. Moreover, many YKAP have tested for HIV within six months. Lesser proportions of Tha-Nge, younger MSM, brothel and entertainment-based YFSW visited DIC than their counterparts. A considerable proportion of YKAP perceived that they have unmet needs in seeking RH information and care.”

**Competing Interests:** No competing interests were disclosed.