CASE REPORT

Case Report: A case of dipylidiasis in a first-trimester pregnant woman attending a routine antenatal clinic at Elmina health centre, Ghana [version 1; peer review: awaiting peer review]

Kwame Kumi Asare¹,², Yeboah Kwaku Opoku¹,³, Alberta Serwah Anning¹, Justice Afrifa⁴,⁵, Eric Ofori Gyamerah⁶,⁷

¹Department of Biomedical Sciences, School of Allied Health Sciences, College of Health and Allied Sciences, University of Cape Coast, Cape Coast, Ghana
²Department of Protozoology Institute of Tropical Medicine (NEKKEN), Nagasaki University, Nagasaki, Japan
³Biopharmaceutical Laboratory, College of Life Sciences, Northeast Agricultural University, Harbin 150030, China
⁴Department of Medical Laboratory Sciences, College of Allied Health Sciences, University of Cape Coast, Cape Coas, Ghana
⁵Scientific Research Center of The Second Affiliated Hospital, Harbin Medical University, Harbin, China
⁶Department of Biochemistry, School of Biological Sciences, College of Agriculture and Natural Sciences, University of Cape Coast, Cape Coast, Ghana
⁷Department of Molecular Biology and Biotechnology, School of Biological Sciences, College of Agriculture and Natural Sciences, University of Cape Coast, Cape Coast, Ghana

Abstract
Dipylidiasis is a zoonotic parasitosis caused by a canine and feline tapeworm, Dipylidium caninum which rarely infects humans, usually infants and young children. The accidental ingestion of cysticercoid infected flea Ctenocephalides felis is the cause of this cestode infection in humans. Here we report the first and a rare case of adult dipylidiasis in a first-trimester pregnant woman in Ghana. She reported at the health facility for a routine antenatal check-up with apparently no symptoms or signs of the infection at the time of the visit. Her routine stool examination revealed a single egg packet of Dipylidium caninum and was treated with a single dose of praziquantel. It is important for pathologists and laboratory technicians to be aware of the emergence of human dipylidiasis in Ghana. A conscious effort should be aimed at the creation of awareness among pet owners and the general population of the public health importance of zoonotic parasites that infect pets and domestic animals.

Keywords
Human dipylidiasis, canine & feline tapeworm, pregnancy, egg packets, praziquantel, Elmina, Ghana
Corresponding author: Kwame Kumi Asare (kwamsare@hotmail.com)

Author roles: Asare KK: Conceptualization, Formal Analysis, Investigation, Supervision, Validation, Writing – Original Draft Preparation, Writing – Review & Editing; Opoku YK: Data Curation, Investigation, Writing – Original Draft Preparation, Writing – Review & Editing; Anning AS: Formal Analysis, Methodology, Project Administration, Visualization, Writing – Original Draft Preparation, Writing – Review & Editing; Afrifa J: Data Curation, Formal Analysis, Investigation, Validation, Writing – Original Draft Preparation, Writing – Review & Editing; Gyamerah EO: Data Curation, Methodology, Validation, Visualization, Writing – Original Draft Preparation

Competing interests: No competing interests were disclosed.

Grant information: This work was supported by the Department of Biomedical Science, College of Allied Health Sciences, University of Cape Coast.

Copyright: © 2019 Asare KK et al. This is an open access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

How to cite this article: Asare KK, Opoku YK, Anning AS et al. Case Report: A case of dipylidiasis in a first-trimester pregnant woman attending a routine antenatal clinic at Elmina health centre, Ghana [version 1; peer review: awaiting peer review] F1000Research 2019, 8:857 (https://doi.org/10.12688/f1000research.19081.1)

First published: 13 Jun 2019, 8:857 (https://doi.org/10.12688/f1000research.19081.1)
Abbreviations
HB: Haemoglobin concentration; MCH: Mean corpuscular haemoglobin; MCHC: Mean corpuscular haemoglobin concentration; MCV: Mean corpuscular volume; WBC: White blood cell count.

Introduction
Human dipylidiasis is a rare zoonotic parasitosis caused by cosmopolitan dog tapeworm Dipylidium caninum (flea tapeworm or double-pore tapeworm). Previous reports of this accidental cestode infection had been from Asia, South America, Europe and North American countries. At present, only 349 human cases of dipylidiasis have been reported worldwide after its first identification and description in 1758. Accidental infection of cysticercoid of Dipylidium caninum from ingestion of infected dog or cat fleas is the cause of this infection. Most of the cases of this infection have been reported in children below five years likely kissed or licked by infected pets. Rarely has an adult infection of dipylidiasis been reported in literature.

The adult Dipylidium caninum of the order Cyclophyllidea and subclass Eucestoda produces gravid proglottids in the small intestine of dogs and cats which are the definitive hosts. The proglottids rupture and expel packets of eggs after it has detached and migrated to the perianal region or is passed with faeces. The larval stage of the intermediate host; Ctenocephalides felis, Ctenocephalides canis, Pulex irritans and Trichodectes canis ingest the hexacanth embryonic eggs of Dipylidium caninum which then develops into infective cysticercoid in the adult stage of the flea. Cats and dogs which are definitive hosts or humans the accidental host become infected by ingesting a flea with cysticercoid.

Human dipylidiasis is usually asymptomatic with occasional non-specific symptoms such as diarrhoea, nocturnal pruritus, anorexia, pruritus ani, urticaria, weight loss, epigastric pain, constipation and loss of appetite. Heavily infected cats which are definitive host sometimes exhibit severe symptoms such as intestinal obstruction, epileptiform seizures and convulsion. However, such severe forms of dipylidiasis have not been reported in human cases.

A typical clinical diagnosis of Dipylidium caninum is by the identification of characteristic proglottids or egg packets and the cucumber seed-like body segments of the adult worm in stool. However, egg packets rapidly disintegrate in the stools and can occasionally be found in fresh samples. However, the uncommon nature, poor description by an immediate observer and little or no experience by laboratory professionals with Dipylidium caninum may render it undiagnosed.

Although human dipylidiasis has occasionally been reported in young children it has rarely been reported in adults, with exception of a 26-year-old kidney transplanted patient and a 57-year old woman. Until now, there has not been any case of dipylidiasis associated with pregnancy reported in literature. In this article, we present the first case of dipylidiasis in a 27-year-old woman in her first trimester of pregnancy attending a routine antenatal care at Elmina healthcare centre, Ghana.

Case presentation
A 27-year-old first-trimester pregnant woman, a petty trader and an Akan from Komenda in Komenda-Edina-Eguafo-Abrem district in Central region of Ghana who visited the antenatal clinic in April 2013 for a routine antenatal check-up at Elimina healthcare centre in the Central Region of Ghana with no symptoms or signs of infection or abnormalities. She had experienced intermittent vomiting, slight headache and bloated stomach in the previous three weeks before visiting the antenatal clinic. Physical examination revealed she had a normal pregnancy with no clinical manifestation or any signs of threat to her health. A routine laboratory examination of full blood count (FBC), stool, urine, blood film for malaria parasites together with a serological test for syphilis and HIV were requested. She had no history of close contact with cats and dogs.

Laboratory results
Her laboratory test results were as follows (normal ranges are indicated in parentheses); HB, 10.2 g/dL (10–14 g/dL); WBC, 5.3 × 10^9/L (2.2–8 × 10^9/L); MCV, 80.1 fL (78–90 fL); MCHC, 24.0 pg (21–32 pg); MCHC, 31.7 g/dL (30–34 g/dL); PLT, 247 × 10^9/L (150–450 × 10^9/L); neutrophils, 58.9% (40–60%); lymphocytes, 26.7% (20–40%); monocytes, 1.2% (2–8%); basophils, 0.8% (0.5–1%) and eosinophils of 12.4% (1–4%). Her urine, blood film analysis and the serological tests were all normal. Microscopic examination of direct stool samples revealed a single egg with packets of Dipylidium caninum which measured about 45 × 90 μm without any white blood cells in the stool sample. She was diagnosed with dipylidiasis and treated with a single dose of praziquantel orally (600 mg). The patient was followed until successful delivery without any complications.

Discussion
There are sporadic reports of human dipylidiasis in recent times, although humans are not the natural host. The majority of these reports have been in infants and young children making them a high-risk group for Dipylidium caninum infection. In this report, we present the first and rare case of dipylidiasis in a pregnant woman in her first trimester with no clinical symptoms at the time of antenatal examination in Elmina, Ghana. Despite the fact that the patient does not own a cat or dog as a pet, and had no history of contact with these animals which are the sources of accidental infection, she however stays in an area where dogs and cats stray freely without being confined by their owners.

Dipylidium caninum is a worldwide neglected helminth infection of dogs and cats, its natural hosts. A study conducted in the Greater Accra region of Ghana reported a high prevalence of Dipylidium caninum as one of three zoonotic helminths of dogs that are kept for hunting and security purposes without confinement. The free-range breeding of dogs and cats in Ghana without any control creates room for the contamination of the vicinity with their stool. These animals are usually not subjected to veterinary check-up and treatment; coupled with the fact that they feed in unhygienic places results in them posing a great environmental challenge further facilitating the transmission of infective fleas. This rare case of dipylidiasis in pregnancy is a typical case of environmental transmission of Dipylidium.
canium and unconscious ingestion of an infected flea. Despite the public health risk posed by Dipylidium canium, many pet owners are ignorant to this parasitic infection. Accurate diagnosis of diphylidiasis in humans is challenged by several factors which include the experience of the pathologist or laboratory technologist with Dipylidium canium and the asymptomatic nature of the infection leading to many undiagnosed carriers. Further challenges arise due to the similar presentation of Dipylidium canium with Enterobius vermicularis, and the lack of clear differential symptoms for Dipylidium canium. Clinical diagnosis is based on detection of proglottids or occasionally egg packets which usually rapidly disintegrate in stool. Therefore, multiple stool examinations are sometimes required to detect proglottids or eggs in stool specimen. Characteristically, Dipylidium canium egg packets contain double genital pores which can be seen in unstained samples under a light microscope. The adult worm possesses an ovigerous capsulated uterus with simple genitalia, armed rostellum with unarmed suckers and two-pore gravid proglottids. These characteristics are important for differentiating Dipylidium canium from other Cestodes such as Taenia solium, T. saginata and Hymenolepis nana.

Current anti-helminthic drugs such as praziquantel or niclosamide are highly efficient in the complete elimination of Dipylidium canium in humans, dogs or cats. Other treatment options for Dipylidium canium include albendazole, mebendazole, thia-bendazole, paromomycin, pyrantel pamoate and paromomycin. The adult worm possesses an ovigerous capsulated uterus with simple genitalia, armed rostellum with unarmed suckers and two-pore gravid proglottids. These characteristics are important for differentiating Dipylidium canium from other Cestodes such as Taenia solium, T. saginata and Hymenolepis nana.

A conscious effort should be aimed at the creation of awareness among pet owners and the general population of the public health importance of zoonotic parasites that infect pets and domestic animals.

Conclusion
We report the first and a rare human diphylidiasis in pregnancy from Ghana. To our understanding, this is the first case of human and adult infection of Dipylidium canium from Ghana which makes it a case of public health concern. Therefore, the high prevalence of Dipylidium canium infection among unconfined pets in communities inhabited by quite a number of young children in Ghana should be a public health concern.

Consent
A written consent was obtained from the patient for publication of this case report and its accompanying images.

Data availability

Underlying data
All data underlying the results are available as part of the article and no additional source data are required.

Grant information

This work was supported by the Department of Biomedical Science, College of Allied Health Sciences, University of Cape Coast.

Acknowledgement
We are grateful to the laboratory and the medical staff of Elmina Urban Health Centre for their support.

References


The benefits of publishing with F1000Research:

- Your article is published within days, with no editorial bias
- You can publish traditional articles, null/negative results, case reports, data notes and more
- The peer review process is transparent and collaborative
- Your article is indexed in PubMed after passing peer review
- Dedicated customer support at every stage

For pre-submission enquiries, contact research@f1000.com