COMMENTARY

Drugs acting on central nervous system (CNS) targets as leads for non-CNS targets [version 2; referees: 2 approved, 1 approved with reservations]

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Abstract
Innovative drug discovery approaches are currently needed to rejuvenate the shrinking product pipelines of the pharmaceutical companies across the globe. Here a theme is presented – the use of central nervous system (CNS) drugs as leads for non-CNS targets. The approach is related to the use of existing drugs for new indications. Suitable chemical modifications of the CNS drugs abolish their CNS penetration. These novel analogs may then be screened for activity against non-CNS targets. Careful selection of the appropriate structural modifications remains the key to success.

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The design and development of drugs that cross the blood-brain barrier (BBB) and act at some target site(s) in the central nervous system (CNS) is a formidable task\(^1\). In contrast, for peripherally-acting drugs, it is important to restrict their passage through the BBB in order to avoid unwanted CNS side effects. Several physicochemical and molecular properties of the CNS drugs differ from non-CNS oral drugs; the former have lower molecular weights, are more lipophilic, have a smaller topological polar surface area (TPSA), a fewer H-bond acceptors and donors and fewer rotatable bonds\(^1\). There is a fine balance between the physicochemical properties of CNS and non-CNS drugs (see Table 1).

During typical lead optimization cycles in the discovery phase, the lead molecules undergo several chemical modifications in order to improve their potency and pharmacokinetic (PK) properties, which usually lead to increased a) molecular weight, b) lipophilicity, c) molecular complexity, d) number of rotatable bonds, e) number of H-bond donors and acceptors, etc\(^1\). In general, the drugs are more complex than the leads and exhibit higher values for the majority of the associated molecular properties listed above. Based on these findings, it can be hypothesized that ‘CNS drugs which are smaller and possess lower ranges of the aforementioned molecular properties make excellent starting points (as leads) for the development of non-CNS drugs’\(^1\). Several aspects of this hypothesis are outlined in the discussion given below.

Majority of the CNS drugs are basic in nature\(^1\). The presence of an ionizable functional group (mostly cationic) favors BBB penetration. Strong acids (pK\(_a\) < 4) and strong bases (pK\(_a\) > 10) are prohibited from crossing the BBB\(^1\). Chemical modifications of the basic functional group (primary and secondary) to a neutral species (e.g., conversion of primary amine to a substituted urea or amide) may impede the entry of the NME into the CNS. Several physicochemical and molecular properties can then be tailor-made once suitable potency against a non-CNS target is found.

Another molecular property, TPSA, is crucial for BBB penetration. A TPSA cutoff of 90 Å\(^2\) has been suggested for CNS drugs\(^1\). Higher

### Table 1. Comparison between CNS and non-CNS drugs in terms of associated properties\(^{a,b}\).

<table>
<thead>
<tr>
<th>Molecular/Physicochemical property</th>
<th>CNS drugs</th>
<th>Non-CNS oral drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of H-bond acceptors</td>
<td>0–5 (2–3)</td>
<td>0–11 (3–4)</td>
</tr>
<tr>
<td>No. of H-bond donors</td>
<td>0–3 (0–1)</td>
<td>0–7 (2–3)</td>
</tr>
<tr>
<td>Molecular volume (Å(^3))</td>
<td>800–1000 (740–970)</td>
<td>1000–1200</td>
</tr>
<tr>
<td>TPSA (Å(^2))</td>
<td>&lt;76 (25–60)</td>
<td>&gt;80 (80–140)</td>
</tr>
<tr>
<td>No. of carboxylic acid groups(^c)</td>
<td>0</td>
<td>0–2</td>
</tr>
<tr>
<td>No. of basic amines</td>
<td>0–2</td>
<td>0–1</td>
</tr>
<tr>
<td>No. of polar H atoms</td>
<td>0–3</td>
<td>0–6</td>
</tr>
<tr>
<td>C-Het ratio (ratio of C atoms and non-C, non-H atoms)</td>
<td>2.1–11</td>
<td>1.11–77.8</td>
</tr>
<tr>
<td>Molecular weight</td>
<td>100–450 (300–350)</td>
<td>100–650 (350–400)</td>
</tr>
</tbody>
</table>

\(^a\) Ghose et al. (2012)\(^1\)

\(^b\) The values in parentheses indicate the best ranges

\(^c\) Only 3–4% CNS drugs contain –COOH group whereas ~25% non-CNS oral drugs contain a –COOH group.
TPSA is likely to create hurdles in the passage of NMEs across the BBB. This can be achieved through the introduction of polar functional groups such as sulfonamide, carboxylic acid, substituted amides, etc., on the aromatic rings present in majority of the CNS drugs. Structural modifications leading to a higher TPSA will ultimately lead to an increased number of H-bond donors and/or acceptors and reduced lipophilicity. The cumulative effect is reduced CNS penetration.

The CNS drugs tend to have less molecular flexibility, lighter molecular weights and less molecular volume\(^5\). Significant increases in these molecular properties may create obstacles in absorption following oral administration leading to reduced bioavailability, e.g., an increased number of rotatable bonds can result in increased hepatic metabolism of the drug\(^7\). Nonetheless, the overall effects of an increase in the molecular weight and/or molecular flexibility on BBB penetration may depend on alterations in other properties such as molecular volume, solvent-accessible surface area (SASA), lipophilicity and TPSA. The distinction between the CNS and non-CNS oral drugs in terms of molecular and physicochemical properties is clearly evident from Table 1. Many of the common properties such as LogP, number of aromatic rings and ring assemblies and distribution coefficient [logD at pH 2 and pH 7.4) show little or no distinction between CNS and non-CNS oral drugs. Such properties were not included in Table 1.

In terms of toxicity, inhibition of the hERG channel by several CNS drugs (e.g., haloperidol) is a major concern. Many CNS drugs contain the hERG pharmacophore (aromatic rings and suitably placed cationic N)\(^10\). Suitable chemical modifications of the CNS drugs such as attenuating the basicity of the cationic N and suitably placed aromatic substituents may lead to abolished hERG binding and associated adverse effects. Thus, conversion of a CNS drug into its non-CNS counterpart, according to the theme of this commentary, may lead to diminished hERG toxicity.

From the above discussion, it appears convincing that the CNS drugs can serve as suitable leads for non-CNS targets after appropriate structural modifications leading to considerable alterations in their property space. This leads to the question: what are the potential applications of such a strategy?

Combinatorial libraries starting with CNS drugs can be designed \textit{in silico} and then synthesized after selecting desirable substituents to introduce structural novelty (see Figure 1). These libraries may be unique in terms of structural and property space due to their origin from a known drug and thus may serve as a novel compound collection for high-throughput screening (HTS) campaigns. Once suitable hits are identified, every phase of non-clinical/investigational new drug work will need to be carried out with the lead molecules as normal, which may not reduce the development time due to a

\begin{figure}
\centering
\includegraphics[width=\textwidth]{figure1.png}
\caption{A theoretical illustration of the concept of using CNS drugs for non-CNS targets. Fluoxetine, an antidepressant agent, is used as a template. The synthesis of the analogs can be achieved by modifying the synthetic route of fluoxetine itself. The major structural modification includes abolishing the basicity of the secondary N in fluoxetine by converting it to urea or sulfonamide. Similarly, the 4-CF\textsubscript{3}Ph ring is replaced with an acetic acid side chain. The resultant structural modifications lead to increased PSA, decreased cLogP (calculated LogP) and an increased number of H-bond donors and acceptors.}
\end{figure}
potentially different PK/PD (pharmacodynamic) profile of the newly
designed entity. The development time may be reduced if a CNS
drug is repurposed for a non-CNS indication. Several CNS drugs
have already been repurposed for non-CNS indications, e.g., thalid-
omide (sedative/hypnotic to multiple myeloma and leprosy), chlor-
promazine (antihistaminic to anticancer - inhibitor of the mitotic
kinesin KSP/Eg5)\textsuperscript{11}, etc. Nonetheless, PK/PD, adverse reactions,
toxicity and the clinical trials data obtained from the original drug
may guide the design of such experiments for the non-CNS ana-
logs. Similarly, the synthetic routes, bulk scale-up and the analyti-
cal methods may also be used for the novel non-CNS derivatives.
The utility of any and every information about the CNS drug may
vary from case to case. Since the original drug was never intended
for a peripheral target, the intellectual property issues (novelty, non-
obviousness) between the non-CNS analogs and the original drug
analogs for the CNS target may be minimal.

Some functional groups convey particular therapeutic effects, e.g.,
acetic acid or related aliphatic acids as analgesic and anti-inflam-
matory agents (diclofenac, ibuprofen), sulfonamides as carbonic
anhydrase (CA) inhibitors and as anti-bacterials (sulfisoxazole). As
such introduction of these functional groups during chemical modi-
fications of the CNS drugs may lead to a gain in potency for non-CNS
targets such as CA. Careful selection of the chemical modifications
aimed at the non-CNS target coupled to virtual screening of the
designed analogs may potentially increase the rate of success of
this approach.

In summary, the commentary outlines a novel approach for generat-
ing ‘interesting’ compound collections for lead discovery. Such an
idea is of potential interest in times of pharmaceutical ‘productivity
crisis’. The designed libraries can be tailor-made to suit the target
requirements for potency and/or selectivity, in addition to pharma-
cokinetic and toxicity properties. Compared to the traditional lead
discovery based on HTS (with or without virtual screening) of
in-house or commercially available compound collections, the
‘intelligent’ (virtual or physical) libraries developed using the
established CNS drugs may yield higher success rate (% of hits).

Conclusion
The use of CNS drugs as a starting point for developing non-CNS
leads seems interesting with reference to potentially altered molec-
ular, PK/PD and/or toxicity properties. The combinatorial libraries
based on the CNS drug scaffolds may perturb novel chemical space
not accessed previously by the non-CNS small molecule drugs.
Curious researchers interested in the above strategy may help in
demonstrating its potential utility.

Competing interests
No competing interests were disclosed.

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The author(s) declared that no grants were involved in supporting
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Acknowledgments
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and pentamidine exerts synergistic anti-proliferative effects through dual
Open Peer Review

Current Referee Status:  ?  ✔  ✔

Version 2

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Vijay Gokhale
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The revised commentary is better with table containing physicochemical properties for CNS and non-CNS drugs and additional references. It would be interesting to see if this approach of using CNS drugs as leads for non-CNS targets is applied in medicinal chemistry and ultimately, leads to drug development.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Competing Interests: No competing interests were disclosed.

Version 1

Referee Report 26 March 2014
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Hariprasad Vankayalapati
Huntsman Cancer Institute, University of Utah, Salt Lake City, UT, USA

The author has addressed the comments and I feel the article is now suitable for both publication in F1000research and indexing.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Competing Interests: No competing interests were disclosed.
Hariprasad Vankayalapati  
Huntsman Cancer Institute, University of Utah, Salt Lake City, UT, USA  

This F1000Research article on “Drugs acting on central nervous system (CNS) targets as leads for non-CNS targets” submitted by Kharkar is on a subject not uncommon to the CNS research community.

The following comments need to be addressed:

1. The author should state that several CNS agents, particularly multifunctional targets, are currently in clinical trial or have been approved for the treatment of non-CNS diseases despite the fact that they can cause inflammation and cancer. However, recently reported targeted CNS agents can bring an opportunity for repurposing some of the non-CNS targets as well. (Reference: http://www.ncats.nih.gov/research/reengineering/rescue-repurpose/rescue-repurpose.html).

2. Abstract: "Out-of-the-box approaches are currently needed to replenish the souring pipelines of pharmaceutical companies across the globe" this statement is arguable and needs to be revised.

3. Page 2 paragraph 9: this may not be true and needs to be revised completely to something like - "Even the slightest modification to the physicochemical and physiological properties of the entity proposed as the non-CNS target of interest may alter its medicinal chemistry and tractability. One therefore needs to conduct every phase of non-clinical/IND work and may not reduce the development time due to the different PK and PD profile of the newly designed entity. However this is true only for repositioned drugs for new indications."

4. Figure 1: The introduction of just a -COOH functional group as a strategy may not abolish the CNS activity completely (-COOH is negatively charged at the physiological pH). There is no evidence to support Figure 1 because reports show that at least 3−4% of CNS drugs have a carboxylic acid group. The author should therefore emphasize that this proposal is just theoretical as yet.

The author also missed some important references that I feel need to be included to support this article:


I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

**Competing Interests:** No competing interests were disclosed.
The author has proposed a method of using CNS drugs as leads and developing them into candidates for non-CNS target. The logic behind the approach is to tailor the attributes of a) molecular weight, b) lipophilicity, c) molecular complexity, d) number of rotatable bonds, e) number of H-bond donors and acceptors and f) polar surface area that are in consonance with values appropriate for non-CNS agents. He has illustrated his point with fluoxetine as an example.

This is an idea is worthwhile looking at, but the final test would be to see some real applications of the approach on some established CNS drugs and their activity on some non-CNS targets experimentally established.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

**Competing Interests:** No competing interests were disclosed.

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This commentary describes a general approach for using CNS-active drugs as leads for non-CNS targets. As physicochemical properties for CNS-active drugs are more restrictive than for non-CNS drugs, it would appear that the CNS-active drugs could serve as a good leads. It is a well-written commentary discussing general approaches to modify properties of these lead molecules. The approach is also exemplified by use of fluoxetine as a lead and some suggested modifications of it.

One main problem with this approach is the challenge of removing or minimizing CNS activity of these leads for non-CNS targets since the activity on CNS will lead to side effects. It would be useful to include a table comparing desired value ranges for different physicochemical properties (molecular weight, log D, polar surface area, hydrogen bond donor) for CNS and non-CNS drugs. I am not aware if this approach has been used in the medicinal chemistry literature. But if such reports exist, it would be good to include those references in the commentary.

I have read this submission. I believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

**Competing Interests:** No competing interests were disclosed.