Childhood malnutrition and hypo mineralized molar defects: a cross sectional study [version 1; peer review: 1 approved, 2 approved with reservations]

Hoda Atef Abdelsattar Ibrahim1, Rania Abdallah Nasr2, Ahmed Adel Salama3, Aya Ahmed Amin4

1Lecturer, Pediatric Clinical Nutrition department, Pediatric department, Faculty of Medicine, Cairo University, Cairo University, Cairo, Cairo, 12613, Egypt
2Associate Professor, Pediatric Dentistry and Dental Public Health Department, Faculty of Dentistry, Cairo University, Cairo University, Cairo, 12613, Egypt
3Lecturer, Pediatric Dentistry and Dental Public Health Department, Faculty of Dentistry, Cairo University, Cairo University, Cairo, Cairo, 12613, Egypt
4Assistant lecturer, Cancer Epidemiology and Biostatistics, National Cancer Institute, Cairo University, Cairo University, Cairo, Cairo, 12613, Egypt

Abstract

**Background:** Malnutrition is well-known to yield high morbidities and mortalities and considering its consequence on the oral cavity, malnutrition is shown to have pre-eruptive and post-eruptive outcomes. The objective was to assess the prevalence of hypo-mineralized second primary molar (HSPM), molar-incisor hypomineralization (MIH) and dental caries in malnourished children as well as addressing the relation between types of malnutrition of the children and their dental morbidities represented in HSPM, MIH and dental caries.

**Methods:** This is a cross sectional analytical study. Malnourished children aged 5-10 years and presented to the Outpatient Clinic of Pediatric Dentistry Department, Faculty of Dentistry, Cairo University were examined for HSPM, MIH using European Academy of Pediatric Dentistry criteria and dental Caries using def/ DMF indices.

**Results:** A consecutive sample (a long six months) of 54 malnourished children were enrolled in the study. Dental caries was a greater dental morbidity in the overweight and obese group. Besides, stunting was a greater risk in HSPM and MIH. There was an association between HSPM and MIH in a considerable percentage of the study group.

**Conclusions:** Malnutrition is a risk factor for dental abnormalities. HSPM could expect the presence of MIH.

**Keywords**
HSPM; MIH; dental caries; Malnutrition; children

Open Peer Review

<table>
<thead>
<tr>
<th>Approval Status</th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td>version 1</td>
<td>✔️</td>
<td>?</td>
<td>?</td>
</tr>
<tr>
<td>version 2 (revision)</td>
<td>✔️</td>
<td>14 Feb 2022</td>
<td>view</td>
</tr>
</tbody>
</table>

1. Osama El-Asheer, Assiut University, Assiut, Egypt
2. Huda Basdaleem, University of Aden, Aden, Yemen
3. Hossam Abdelatty Eid Abdelmagyed, Gulf Medical University, Ajman, United Arab Emirates

Any reports and responses or comments on the article can be found at the end of the article.
Corresponding author: Hoda Atef Abdelsattar Ibrahim (hodaibrahim424@gmail.com)

Author roles: Atef Abdelsattar Ibrahim H: Conceptualization, Data Curation, Formal Analysis, Investigation, Methodology, Project Administration, Supervision, Validation, Visualization, Writing – Original Draft Preparation, Writing – Review & Editing; Abdallah Nasr R: Conceptualization, Methodology, Resources, Visualization; Adel Salama A: Funding Acquisition, Resources; Ahmed Amin A: Data Curation, Formal Analysis

Competing interests: No competing interests were disclosed.

Grant information: The author(s) declared that no grants were involved in supporting this work.

Copyright: © 2021 Atef Abdelsattar Ibrahim H et al. This is an open access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

How to cite this article: Atef Abdelsattar Ibrahim H, Abdallah Nasr R, Adel Salama A and Ahmed Amin A. Childhood malnutrition and hypo mineralized molar defects: a cross sectional study [version 1; peer review: 1 approved, 2 approved with reservations] F1000Research 2021, 10:1307 https://doi.org/10.12688/f1000research.74557.1

First published: 22 Dec 2021, 10:1307 https://doi.org/10.12688/f1000research.74557.1
Introduction
Malnutrition is an essential determinant of morbidity and mortality in young children. It is linked with 45 percent of all deaths in children below five years of age. Malnutrition in children can include being underweight, being overweight, obesity, stunted growth and wasting. Malnutrition and its subtypes have been linked to dental comorbidities. For example, hypo mineralization and dental caries have been linked to stunted growth and obesity respectively. In addition, co-existence between these dental disorders can occur. Hypo mineralization represents the clinical existence of developmental defects which can be seen as discoloration, opacities or as a mixture of change in appearance and loss of enamel substance. Presently, there has been increasing attention regarding the fact that hypo mineralization can be a sign of interruption in a child’s growth as a result of early childhood illnesses.

Currently, it has been addressed that a hypo-mineralized second primary molar (HSPM) could be a clinically important predictor for molar–incisor hypo-mineralization (MIH).

Dental caries is a multifactorial disease. Factors affecting the onset of this disease could include diet composition, oral hygiene and frequency, socioeconomic status, bacterial load, salivary immunoglobulins and fluoride intake. It is determined as the single most common chronic disease during childhood.

Dental comorbidities can coexist together. The increased caries risk concomitant with hypo-mineralization results is a considerable dental morbidity that is often culminating in subsequent orthodontic consequences.

The study is aiming at assessing the dental abnormalities (HSPM, MIH, dental caries and co-occurrence of HSBM and MIH) in the malnourished children. The primary objective of the study is to detect the prevalence of HSPM, MIH, dental caries and co-occurrence of HSBM and MIH in malnourished children. Secondary objectives involve evaluating the association between HSPM, MIH, and dental caries with co-occurrence of HSBM and MIH, they also include assessing the association between the socioeconomic level, the type of malnutrition and dental abnormalities.

Methods
Study design
Observational cross-sectional analytical study.

Settings
Outpatient Clinic of Pediatric Dentistry Department, Faculty of Dentistry, Cairo University. The patient enrollment was from 1st of April to end of September, 2021.

Participants
Eligibility criteria

Inclusion criteria: 1. Children aged from 5 to 10 years. 2. Both genders. 3. All children who were following in the dental clinic and were observed to be malnourished along the duration of the study (a long six months duration). 4. Children whose parents or caregivers agreed to be enrolled in the study.

Exclusion criteria: 1. Children with extracted primary second molars and permanent incisors and molars. 2. Children with history of dental trauma. 3. Children with orthodontic bands or dental appliances. 4. Children whose parents or caregivers didn’t agree to be enrolled in the study.

Methods of selection
1. A consecutive sample of malnourished children aged from 5 to 10 years attending the outpatient clinic in Pediatric Dentistry Department, Faculty of Dentistry, Cairo University were included in this study according to eligibility criteria.

Definitions of malnutrition in the study:

A. Underweight: when the weight for age is less than the mean by 2 standard deviations (SD) of the World Health Organization (WHO) Child Standards for growth or less than 3rd centile for age.

B. Stunting: when the height for age is less than the mean by 2 standard deviations of the WHO Child Standards for growth in children. WHO percentiles can be used to address the stunted growth when it is less than 3rd centile.
C. Wasting: when Body Mass Index (BMI) is less than the 3rd centile for age or BMI Z score is less than 2 SD of the WHO Child Standards for BMI 5-19 years.

D. Overweight: when Body Mass Index (BMI) is more than 85th centile for age or BMI Z score is more than 1 SD of the WHO Child Standards for BMI 5-19 years.

E. Obesity: when BMI is more than 97th centile for age or BMI Z score is more than 2 SD of the WHO Child Standards for BMI 5-19 years.

2. Written informed consent was obtained from children parents or guardians accepting to participate in the study. Medical and sociodemographic data were recorded in the patient’s chart.

3. Children were examined clinically on dental units using artificial light. Source of it was magnifying loop with led light. Flat mouth mirrors and sterilized standard No.4/6 double-ended exploration probes. Wet cotton swabs were used prior to the examination to remove excess plaque or saliva.

4. The diagnostic criteria for MIH and HSPM and scoring for them were established based on the European Academy of Pediatric Dentistry criteria7,8

5. Caries Indices used in scoring dental caries; DMF (Permanent Teeth) where D = decayed indicated for restoration, M = missed due to caries, F = filled without recurrent caries, def (Primary teeth in mixed dentition) where d = decayed indicated for restoration, e= non-restorable indicated for extraction, f = filled without recurrent caries.

6. Socioeconomic status: using a valid assessment tool. Socioeconomic status was measured using a tool developed and validated by El-Gilany et al., 2012. It measures the socioeconomic level through seven domains, education and cultural, occupation, family, family possessions, economic, home sanitation and health care domains. Total score of the tool is ranging from 0 to 84, with higher scores indicating better socioeconomic status.14

**Sample size calculation**

The sample size was calculated based on the primary objective in the study, which was detecting the prevalence of HSPM, MIH and dental caries in malnourished children. There was a previous study that estimated the prevalence of HSPM to be 5.6% and MIH to be 74%,15 while another former one estimated the prevalence of dental caries to be 83.1% in malnourished children.16 By setting the α as 0.05, power as 0.80, margin of error of 0.10 and the minimum required sample sizes for HSPM, MIH and dental caries is 21, 27 and 54 respectively. The largest sample size (54) was selected for the study.

**Efforts to address and avoid potential sources of bias**

We excluded pediatrics with associated chronic illness as they might have additional external factors for malnutrition due to the chronic disease effect.

**Data analysis**

All statistical calculations were performed using SPSS (Statistical Package for the Social Science; SPSS Inc., Chicago, IL, USA) version 25. Categorical data was statistically described in terms of frequencies and percentages, while quantitative data were described in terms of mean and standard deviation, median, interquartile range and range as appropriate. Comparison of quantitative variables between the different groups of malnutrition was done using Kruskal-Wallis test as the variables were not normally distributed. Post hoc pairwise comparisons with Bonferroni adjustment of p value were performed between the groups. For comparing categorical data Chi square (χ²) test was performed, but obtaining p value was not applicable as 7 cells (> 25%) have expected count less than 5. For performing the correlation between two numerical variables, Spearman rho correlation was performed as the variables were not normally distributed.

**Ethical considerations**

The study was reviewed and approved by the scientific research committee and ethics of Cairo University, Faculty of Dentistry (ethical clearance number, 13321) and the study was carried out in accordance with Cairo University’s laws.
human research. Throughout the study, the privacy and confidentiality of the data were preserved, the results were presented anonymously without disclosure of patients’ personal identifying information. Written informed consent for participation in the study and publishing was taken.

**Results**

**Demographic criteria**

This study is a cross-sectional one which enrolled pediatric patients who were following in the outpatient dentist clinic across the duration of the study and observed to be malnourished for addressing the prevalence of HSPM, MIH and dental caries.

Total numbers of the study participants enrolled were 54 patients. The mean age was $7.10 \pm 1.34$. 50% (n = 27) were males and 50% (n = 27) were females with male to female ratio 1:1 (Table 1).

Prevalence of dental abnormalities (HSPM, MIH and dental caries) in the malnourished enrolled children were assessed (Table 2). It was 92.6% (n = 50) of the study group.

For HSPM, its prevalence in malnourished children was 47.2% (n = 25) of the study participants. Regarding MIH, its prevalence was 45.2% (n = 19) of the malnourished enrolled study group. Lastly, the prevalence for dental caries was 64.3% (n = 72) in the permanent teeth and 83.0% (n = 44) in the primary teeth.

There was a co-occurrence between hypo-mineralized second primary molar and molar incisor hypo mineralization in the study group. It was 39% (n = 16) of the study group (Table 3).

The associations between the co-occurrence of HSPM and MIH and the HSPM, MIH and dental caries were examined. There were significant differences in the median HSPM for primary teeth, median MIH for permanent teeth and median CI (caries index) for primary teeth between patients who had co-occurrence and patients who didn’t. Median HSPM for

**Table 1. Demographic criteria of the study participants.**

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Number (n = 54)</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Age groups (years)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5–&lt;7</td>
<td>24</td>
<td>44.4</td>
</tr>
<tr>
<td>7–10</td>
<td>30</td>
<td>55.6</td>
</tr>
<tr>
<td><strong>Mean ± SD</strong></td>
<td>7.1 ± 1.4</td>
<td></td>
</tr>
<tr>
<td><strong>Range</strong></td>
<td>5.0–9.6</td>
<td></td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>27</td>
<td>50.0</td>
</tr>
<tr>
<td>Female</td>
<td>27</td>
<td>50.0</td>
</tr>
<tr>
<td><strong>Male: Female ratio</strong></td>
<td>1:1</td>
<td></td>
</tr>
</tbody>
</table>

*SD: Standard Deviation.

**Table 2. Prevalence of different dental abnormalities in malnourished children.**

<table>
<thead>
<tr>
<th>Dental abnormalities</th>
<th>Number</th>
<th>Percent</th>
<th>95% confidence interval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prevalence of HSPM for primary teeth (n = 53)*</td>
<td>25</td>
<td>47.2</td>
<td>(33.3–61.4)</td>
</tr>
<tr>
<td>Prevalence of MIH for permanent teeth (n = 42)*</td>
<td>19</td>
<td>45.2</td>
<td>(29.8–61.3)</td>
</tr>
<tr>
<td>Prevalence of dental caries for primary teeth (n = 53)*</td>
<td>44</td>
<td>83.0</td>
<td>(70.2–91.9)</td>
</tr>
<tr>
<td>Prevalence of dental caries for permanent teeth (n = 42)*</td>
<td>72</td>
<td>64.3</td>
<td>(48.7–84.4)</td>
</tr>
<tr>
<td>Prevalence of dental abnormalities (HSPM or MIH or Dental caries) (n = 54)*</td>
<td>50</td>
<td>92.6</td>
<td>(82.1–97.9)</td>
</tr>
</tbody>
</table>

*The remaining cases (total number 54) were not applicable.
primary teeth was 16.6% in patients who had co-occurrence of HSPM and MIH compared to 0% in patients who didn’t have this co-occurrence. Median MIH for permanent teeth was 20% in patients who had co-occurrence of HSPM and MIH compared to 0% in patients who didn’t. Also, CI for primary teeth was 7.4 in patients who had co-occurrence of HSPM and MIH compared to 4 in patients who didn’t (Table 4).

Malnutrition in the enrolled children was assessed. The overweight group represented 24.1% (n = 13). The obese group represented 16.7% (n = 9). The underweight group represented 11.1% (n = 6). The wasted group represented 18.5% (10%)

Table 5 shows the associations between the types of malnutrition and the dental examination outcomes. Both HSPM and the MIH were significantly different among the types of malnutrition. For the HSPM, by performing post hoc pairwise comparisons with Bonferroni adjustment to the P value, it was found that HSPM was significantly different between the stunted group (median HSPM of 14.2%) and the overweight or obese group (median HSPM of 0.0%) (P value 0.01). Regarding the MIH level, by performing post hoc pairwise comparisons with Bonferroni adjustment to the P value, there were significant differences between the stunted group (median MIH of 19.4%) and overweight or obese group (median MIH of 0.0%) (P value 0.001), as well as between the stunted group (median MIH of 19.4%) and wasted groups (median MIH of 0.0%) (P value 0.025).

Table 5. Types of malnutrition in the study participants.

<table>
<thead>
<tr>
<th>Type of malnutrition</th>
<th>Number (n = 54)</th>
<th>Percent (%)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overweight</td>
<td>13</td>
<td>24.1</td>
</tr>
<tr>
<td>Obese</td>
<td>9</td>
<td>16.7</td>
</tr>
<tr>
<td>Underweight</td>
<td>6</td>
<td>11.1</td>
</tr>
<tr>
<td>Wasted</td>
<td>10</td>
<td>18.5</td>
</tr>
<tr>
<td>Stunted</td>
<td>22</td>
<td>40.7</td>
</tr>
</tbody>
</table>

*Some cases showed more than one malnutrition disorder.
Correlations between dental abnormalities in the study group were assessed. MIH for permanent teeth showed a significant weak to moderate direct correlation with CI for primary teeth. HSPM showed a weak direct correlation with CI for primary teeth with borderline significance (Table 7).

The Socioeconomic level of the study participants was investigated (Table 8).

The most common socioeconomic level was the low one.

The associations between types of malnutrition of the enrolled children and their socioeconomic levels were investigated (Table 9). The highest score of the socioeconomic level was among the obese patients.

**Table 6. Correlation between different types of malnutrition and dental examination outcomes.**

<table>
<thead>
<tr>
<th>Type of malnutrition</th>
<th>HSPM for primary teeth (%)</th>
<th>MIH for permanent teeth (%)</th>
<th>CI for primary teeth</th>
<th>CI for permanent teeth</th>
<th>Co-occurrence of HSPM and MIH</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Median (IQR)*</td>
<td>Median (IQR)*</td>
<td>Median (IQR)*</td>
<td>Median (IQR)*</td>
<td>n (%)***</td>
</tr>
<tr>
<td>Overweight or obese</td>
<td>0 (0–6.7)</td>
<td>0 (0–0)</td>
<td>6 (4–8.5)</td>
<td>2 (0–4.5)</td>
<td>3 (18.8)</td>
</tr>
<tr>
<td>Stunted</td>
<td>14.2 (0–16.9)</td>
<td>19.4 (15.2–25)</td>
<td>6 (3–10.8)</td>
<td>1 (0–3.3)</td>
<td>10 (71.4)</td>
</tr>
<tr>
<td>Underweight and stunted</td>
<td>5.6 (0–16.5)</td>
<td>20 (0–33.3)</td>
<td>5.5 (0–10.3)</td>
<td>1 (0–3.5)</td>
<td>2 (40.0)</td>
</tr>
<tr>
<td>Wasted</td>
<td>0 (0–8.7)</td>
<td>0 (0–4.2)</td>
<td>2 (0–7.8)</td>
<td>1.5 (0–3.5)</td>
<td>16 (39)</td>
</tr>
<tr>
<td>p value**</td>
<td>0.011**</td>
<td>&lt; 0.001**</td>
<td>0.234</td>
<td>0.658</td>
<td>Not applicable****</td>
</tr>
</tbody>
</table>

*IQR: Interquartile Range.
***P value is significant if < 0.05.
****The number and percentages of cases that showed the prevalence of co-occurrence of HSPM and MIH within each category of malnutrition.

Correlations between dental abnormalities in the study group were assessed. MIH for permanent teeth showed a significant weak to moderate direct correlation with CI for primary teeth. HSPM showed a weak direct correlation with CI for primary teeth with borderline significance (Table 7).

**Table 7. Correlation between hypo mineralized secondary primary molar, molar incisor hypo mineralization and dental caries**

<table>
<thead>
<tr>
<th>Type of malnutrition</th>
<th>Spearman rho correlation</th>
<th>CI for primary teeth</th>
<th>CI for permanent teeth</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSPM for primary teeth (%)</td>
<td>Spearman rho correlation</td>
<td>r = 0.248</td>
<td>r = 0.055</td>
</tr>
<tr>
<td>p value**</td>
<td>0.073</td>
<td></td>
<td>0.734</td>
</tr>
<tr>
<td>MIH for permanent teeth (%)</td>
<td>Spearman rho correlation</td>
<td>r = 0.357</td>
<td>r = 0.105</td>
</tr>
<tr>
<td>p value**</td>
<td>0.022*</td>
<td></td>
<td>0.508</td>
</tr>
</tbody>
</table>

*P value is significant if < 0.05.

**Table 8. The socioeconomic level in the study group.**

<table>
<thead>
<tr>
<th>Socioeconomic status (Score = 0–84)</th>
<th>Number (n = 54)</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very low (0–37)</td>
<td>12</td>
<td>22.2</td>
</tr>
<tr>
<td>Low (38–47)</td>
<td>19</td>
<td>35.2</td>
</tr>
<tr>
<td>Moderate (48–58)</td>
<td>11</td>
<td>20.4</td>
</tr>
<tr>
<td>High (59–84)</td>
<td>12</td>
<td>22.2</td>
</tr>
<tr>
<td>Total Socioeconomic Score</td>
<td>43 (37–57.3)</td>
<td></td>
</tr>
</tbody>
</table>

*IQR: Interquartile Range.*
The association between the socioeconomic levels of the study group and the different dental abnormalities was investigated. HSPM was significantly different among the socioeconomic levels. By performing post hoc pairwise comparisons with Bonferroni adjustment to the P value, the HSPM showed a statistically significant difference between the very low group (median HSPM of 12.9%) and the high group (median HSPM of 0.0%) with P value of 0.017 (Table 10).

**Discussion**

This study is a cross sectional one which enrolled malnourished pediatric patients aged 5-10 years old who were following at dentist clinic at Cairo University for assessing the prevalence of HSPM, MIH and dental caries.

Regarding the association between obesity or overweight group and the caries indices, our results agree with a previous one in which sensitivity analyses revealed that the obese children had more caries in their primary teeth than the normal-weight children. Considerably, more caries was noticed among the overweight and obese group in both the primary and the permanent teeth.17

Regarding the association between MIH and the stunted growth, our results disagree with a previous study which showed that stunted schoolchildren had no significant correlation or association with MIH.18 This disagreement may be due to the high prevalence of short stature in the Egyptian children.19,20

Regarding the association between socioeconomic level and obesity in the study participants, our results don’t agree with a previous study and found the higher prevalence of obesity in children with low socioeconomic levels. This different result may be due to different cultures.21

<table>
<thead>
<tr>
<th>Table 9. The association between the socioeconomic level of the enrolled children and their malnutrition.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type of malnutrition</td>
</tr>
<tr>
<td>----------------------</td>
</tr>
<tr>
<td>Overweight or obese</td>
</tr>
<tr>
<td>Stunted</td>
</tr>
<tr>
<td>Underweight and stunted</td>
</tr>
<tr>
<td>Wasted</td>
</tr>
<tr>
<td>P value**</td>
</tr>
</tbody>
</table>

* IQR: Interquartile Range.  
** P value is significant if < 0.05.

<table>
<thead>
<tr>
<th>Table 10. Correlations between socioeconomic levels and different dental abnormalities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Socioeconomic level</td>
</tr>
<tr>
<td>--------------------</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Very low</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Low</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Moderate</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>High</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>P value*</td>
</tr>
</tbody>
</table>

* P value is significant if < 0.05.  
** IQR: Interquartile Range.
Regarding the co-occurrence between HSPM and MIH, the present study goes in line with a former one that yielded similar results. That study concluded that HSPM can be considered a predictor of MIH.22

Regarding the association between HSPM and caries index, HSPM showed a weak direct correlation with CI for primary teeth with borderline significance. This result is very close to a previous one in which an increased incidence of dental caries was found in children with HSPM.23

Regarding the association between MIH and caries index, the present study shows a significant correlation. This result agrees with a previous study which yielded that caries values are much higher in children with MIH. However, it disagrees with it in that the total prevalence of MIH in that study was low unlike our study which showed a high prevalence of MIH as the study participants were malnourished. This reveals that malnutrition is a considerable risk for MIH.24

Regarding the association between socioeconomic levels and the dental abnormalities, the present study showed higher percentages of MIH in lower socioeconomic levels. These results agree with a previous study which yielded lower socioeconomic levels in MIH.25 The present study slightly disagrees with a previous one in which caries index was higher in study groups with low socioeconomic levels and in which the socioeconomic level contributed no significant risk for HSPM.26 The latter disagreement may be due that in this study, the malnutrition was an added risk factor beside the low socioeconomic level.

Study limitations
Not including controls of well-nourished children is considered as a limitation of the study. Not including controls of well nourished children in the study may make it impossible to detect whether the dental abnormalities are more prevalent in the malnourished children or not. Also, the non-probability sampling technique (consecutive sampling method) may compromise the generalizability (the external validity of the study) because it makes the study more liable for selection bias.

Conclusion
Malnutrition could be a risk factor for dental abnormalities. Besides, children with low socioeconomic levels have a greater incidence for MIH. In addition, different dental abnormalities could co-exist together. Screening for HSPM, MIH and CI in malnourished children would be a welcome development.

Data availability
Underlying data
Figshare. Childhood malnutrition and Hypomineralized molar defects, a cross sectional study. https://doi.org/10.6084/m9.figshare.16778557.v2.27

Data are available under the terms of the Creative Commons Zero “No rights reserved” data waiver (CC0 1.0 Public domain dedication).

References
Hossam Abdelatty Eid Abdelmagyd
College of Dentistry, Gulf Medical University, Ajman, United Arab Emirates

Abstract
- The comment written in the results part has to be rephrased to be statically significant mentioning p-value
- Keywords: no abbreviation in keywords is recommended

Introduction
- Too short introduction
- Definition of malnutrition and its classifications have to be mentioned
- Classification of age groups based on WHO has to be added

Methods
- Study groups did not include a control group
- Sample size not mentioned
- Ethical approval of the institute not included
- Exclusion criteria should include children with systemic diseases related to the digestive system

Results
- The statistical test used for data analysis is not mentioned

Discussion
- The authors didn't use numbers or percentages when comparing their study results with other studies which are very important for the quality of the discussion
- Study limitations mentioned by authors themselves need to be addressed for validation of
the results and conclusion

**Is the work clearly and accurately presented and does it cite the current literature?**
Partly

**Is the study design appropriate and is the work technically sound?**
Partly

**Are sufficient details of methods and analysis provided to allow replication by others?**
Partly

**If applicable, is the statistical analysis and its interpretation appropriate?**
Partly

**Are all the source data underlying the results available to ensure full reproducibility?**
Yes

**Are the conclusions drawn adequately supported by the results?**
Partly

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Oral diagnosis, oral medicine, Periodontology, Immunology, medical education

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

---

Author Response 02 Feb 2022

**Hoda Atef**, Cairo University, Cairo, Egypt

Thank you dear reviewer for your valuable comments

Point by point response to the comments

1. **Reviewer's comment:** In the abstract section,
   - The comment written in the results part has to be rephrased to be statistically significant mentioning p-value
   - Keywords: no abbreviation in keywords is recommended

**Author's response:** Done in the revised version

2. **Reviewer's comment:** In the introduction part,
   - Too short introduction
   - Definition of malnutrition and its classifications have to be mentioned
Classification of age groups based on WHO has to be added

**Author's response:**
- I have enriched the introduction with more information and details.
- Definitions of malnutrition and classification based on age by WHO have been addressed in the introduction with more details in the methodology as these classifications have been used in identifying malnutrition in the study group

**3. Reviewer's comment**
- In the methods parts,
  - Study groups did not include a control group
  - Sample size not mentioned
  - Ethical approval of the institute not included
  - Exclusion criteria should include children with systemic diseases related to the digestive system

**Author's response:**
- One of the limitations of the study is that it didn't include control groups. More studies are needed to address the difference between the malnourished and the well-nourished children regarding the dental abnormalities.
- There is a subtitle in the method section for sample size estimation and technique.
- There is a subtitle in the method section for the ethical approval; approved by the scientific research committee and ethics of Cairo University, Faculty of Dentistry (ethical clearance number, 13321) and the study was carried out in accordance with Cairo University's laws for human research.
- One of the exclusion criteria was children with chronic diseases which include diseases related to the digestive system

**4. Reviewer's comment**
- In the result part,
  - The statistical test used for data analysis is not mentioned

**Author's response:**
- Written in the subtitle (data analysis) of the method section

**5. Reviewer's comment**
- in the discussion
  - The authors didn't use numbers or percentages when comparing their study results with other studies which are very important for the quality of the discussion
  - Study limitations mentioned by authors themselves need to be addressed for validation of the results and conclusion

**Author's response:**
- I have enriched the discussion by more than 30 updated references with comparing the results.
- We agree with the reviewer regards the study limitation and it was described as a
limitation. Any study has its own limitations, so further studies are needed to further address the possible extended outcomes of the research.

**Competing Interests:** No competing interests were disclosed.

Reviewer Report 10 January 2022

https://doi.org/10.5256/f1000research.78328.r117506

© 2022 Basaleem H. This is an open access peer review report distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

**Huda Basaleem**
Community Medicine and Public Health, Faculty of Medicine and Health Sciences, University of Aden, Aden, Yemen

The topic is well chosen and addressing an interesting issue.

**Title**
- Better to add Egypt (a cross-sectional study, Egypt).

**Abstract**
- Background: add “of the study” to the objective of the study.
- Methods: missing details about: sample technique (consecutive), period of the study, variables, and statistical analysis.
- Keywords: better to write the full name.

**Introduction**
The verbs of the objectives need to be amended:
- The primary objective of the study is to estimate the prevalence........
- The Secondary objectives involve assessing the association between HSPM, MIH, and dental caries with co-occurrence of HSBM and MIH, and determining.........

**Methods**
- This section was written in a bulleted manner. The numbers 1-6 are not needed. Re-write
- Please cite reference(s) for malnutrition definition.
- Data “were” not data “was”.

**Results**
- The 1st paragraph is not needed (it is a repetition of the methodology).
○ The writing needs to be improved in many place. Avoid having small fragmented paragraphs like the description of tables in page 7.

○ No need to mention the M:F ratio as the sample are equally divided by gender.

○ There are 10 tables which are many for such a paper. Some tables are not needed like table 1, 3, 5 and 8. They are enough to be written as a text.

○ The description of the tables is misplaced. There is a possibility to put the writing about the table immediately before the table. The description of Table 10 is currently below the table; it should be before it.

○ Better to write the sample size in each title of the tables (n=54).

Discussion
○ This section needs to be totally re-written. It is now written with similar paragraphs and lacks the necessary depth of a sound discussion.

○ Instead of writing “a previous study”, it is better to indicate which study: for example by the author, country or the year, or any other identification information.

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Yes

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Community medicine and public health with subspecialty in nutrition

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.
Hoda Atef, Cairo University, Cairo, Egypt

Thank you dear reviewer for your valuable comments

Point by point response to the comments

1. **Reviewer's comment**: In the title section,
   - Better to add Egypt (a cross-sectional study, Egypt).

   **Author's response**: Done in the revised version

2. **Reviewer's comment**: In the abstract section,
   - Background: add “of the study” to the objective of the study.
   - Methods: missing details about: sample technique (consecutive), period of the study, variables, and statistical analysis.
   - Keywords: better to write the full name.

   **Author's response**: Done

3. **Reviewer's comment**: In the introduction part,

   The verbs of the objectives need to be amended:
   - The primary objective of the study is to estimate the prevalence........
   - The Secondary objectives involve assessing the association between HSPM, MIH, and dental caries with co- occurrence of HSBM and MIH, and determining........

   **Author's response**: Done

4. **Reviewer's comment**: In the methods part,

   - This section was written in a bulleted manner. The numbers 1-6 are not needed. Re-write
   - Please cite reference(s) for malnutrition definition.
   - Data “were” not data “was”.

   **Author's response**: Done

5. **Reviewer's comment**: In the result part,

   - The 1st paragraph is not needed (it is a repetition of the methodology).
   - The writing needs to be improved in many place. Avoid having small fragmented paragraphs like the description of tables in page 7.
   - No need to mention the M:F ratio as the sample are equally divided by gender.
   - There are 10 tables which are many for such a paper. Some tables are not needed like
table 1, 3, 5 and 8. They are enough to be written as a text.

- The description of the tables is misplaced. There is a possibility to put the writing about the table immediately before the table. The description of Table 10 is currently below the table; it should be before it.
- Better to write the sample size in each title of the tables (n=54).

**Author’s response:** Done

**6. Reviewer’s comment** The conclusion should have limitation and probably Recommendation.

**Author’s response:** Done

**7. Reviewer’s comment** In the discussion section,

- This section needs to be totally re-written. It is now written with similar paragraphs and lacks the necessary depth of a sound discussion.
- Instead of writing “a previous study”, it is better to indicate which study: for example by the author, country or the year, or any other identification information

**Author’s response:** Done, I have rewritten the discussion section and updated it

**Competing Interests:** No competing interests were disclosed.

---

Osama El-Asheer

Pediatric Department, Faculty of Medicine, Assiut University, Assiut, Egypt

I have reviewed the document from my Egyptian colleagues with great interest. This paper is well written and addresses an important topic which is the screening of dental abnormalities in malnourished children. The article is clear and of relevance also because there is a need for clinicians to develop an awareness about the possibility of dental abnormalities in the setting of malnutrition. It is today rarely described in international medical journals and there is no sufficient research or data describing this relationship. Furthermore, the tool respects the WHO classification of malnutrition.

Although the nutritional assessment here in the article depended only on the anthropometric evaluation, and others tools like the biochemical or dietary assessment are not present, there are
several important conclusions from this article. For example, dental caries is a morbidity that could be found in obese children, and hypo-mineralization could be a morbidity in children with short stature. However, a correlation with obesity comorbidities could have been done to disclose more significance about the relationship between malnutrition and dental abnormalities. Very important: malnutrition could even represent a risk for the co-occurrence between MIH and HSPM. Correctly the authors excluded the chronic diseases to exclude bias as the chronic course could cause organic failure to thrive.

To improve paper readability, I suggest the following. Firstly, the discussion - although clear and focused - is better to be enriched with more related references. Secondly, the tables are better to be less, or summarized.

Is the work clearly and accurately presented and does it cite the current literature?  
Yes

Is the study design appropriate and is the work technically sound?  
Yes

Are sufficient details of methods and analysis provided to allow replication by others?  
Yes

If applicable, is the statistical analysis and its interpretation appropriate?  
I cannot comment. A qualified statistician is required.

Are all the source data underlying the results available to ensure full reproducibility?  
Yes

Are the conclusions drawn adequately supported by the results?  
Yes

**Competing Interests:** No competing interests were disclosed.

**Reviewer Expertise:** Infant and pediatric clinical nutrition

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Author Response 02 Feb 2022

**Hoda Atef**, Cairo University, Cairo, Egypt

Thank you dear reviewer for your valuable comments

Point by point response to the comments

1. **Reviewer’s comment**: Firstly, the discussion - although clear and focused - is better to be enriched with more related references
Author's response: Done, I have enriched the discussion section by more than 30 updated references in the revised version.

2. Reviewer's comment: The tables are better to be less, or summarized.

Author's response: Done in the result section of the revised version.

Competing Interests: No competing interests were disclosed.

The benefits of publishing with F1000Research:

• Your article is published within days, with no editorial bias
• You can publish traditional articles, null/negative results, case reports, data notes and more
• The peer review process is transparent and collaborative
• Your article is indexed in PubMed after passing peer review
• Dedicated customer support at every stage

For pre-submission enquiries, contact research@f1000.com