This Word template contains the sections required for **Systematic Reviews.**

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Front matter

**Title\***

*For systematic reviews:*

<Title>: a systematic review and meta-analysis

*For scoping reviews:*

<Title>: a scoping review and meta-analysis

**Author list and affiliations\***

**Abstract\***

This section should be completed as per the [PRISMA 2020 for Abstracts](https://prisma-statement.org/Extensions/Abstracts) checklist.

If the review is registered in PROSPERO, please add the registration ID and date.

Limit of 300 words.

**Keywords\***

Up to 8, separated by commas.

Main body

**Introduction\***

This section should be completed as per the PRISMA checklist, items 3 and 4. (For scoping reviews, see PRISMA-Scr, items 3 and 4).

**Methods\***

This section should be completed as per the PRISMA checklist, items 5-15. (For scoping reviews, see PRISMA-Scr, items 6-13).

If the review is registered or a protocol is available, please provide the details in this section, as per PRISMA checklist, item 24. (For scoping reviews, see PRISMA-Scr, item 5).

We advise using subheadings in the Methods section to improve the readability of the article.

This section should include enough detail so that others can reproduce your research.

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**Discussion\***

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Back matter

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“All data underlying the results are available as part of the article and no additional source data are required.”

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**Grant information\***

Any grants that supported the work **must** be listed here, including the grant number.

**Acknowledgements**

**References\***

We accept any style of referencing if it is consistent.

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Ensure any abbreviations/acronyms in the tables are explained in the legend.

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