



Koya Technical Institute
Prevaentive Health Department

QUESTIONNAIRE FORM

This questionnaire is about prevalence and risk factors of low back pain among public Technical Institute staffs in Kurdistan Region, Iraq. It is highly appreciated if you answer the questions truthfully. There are no right and wrong answers. Your answers will be kept confidential and will only be used for research purposes).

Please tick (✓) the appropriate answer:

ID RESPONDEN ☐ ☐ ☐ ☐

SECTION – A: SOCIO-DEMOGRAPHIC INFORMATION

1. Date of birth :

- ☐ Day
- ☐ month
- ☐ Year

2. Gender :

- ☐ Female
- ☐ Male

3. Level of Education

- ☐ Primary School
- ☐ Intermediate School
- ☐ Secondary School.
- ☐ College diploma or equivalent.
- ☐ Bachelor's degree.
- ☐ Master's degree.

4. Have you experience any accident that cause injury to your body?

- ☐ No
- ☐ Yes

5. Do you smoke?

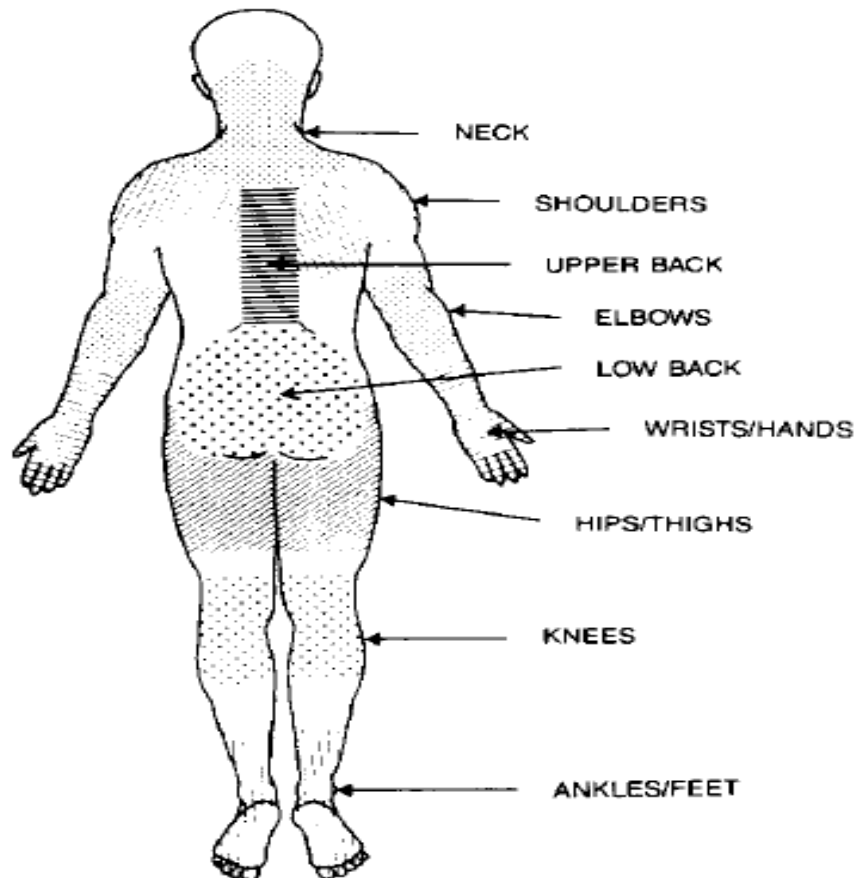
- ☐ No
- ☐ Yes

SECTION – B: BACK PAIN INFORMATION

1- Have you had low back pain during the last 12 months?

(Defined as; pain and discomfort at the back between lower ribs and buttocks, shown as dotted area in the below diagram)

- ☐ No
- ☐ Yes



SECTION – C: OCCUPATIONAL INFORMATION

1. Job title _____

2. How many years have you been carrying out your present work at this institute?

☐ Years

2. How many hours in total do you sit in your daily work routine?

☐ Hours/ per day

3. How many hours in total do you stand in your daily work routine?

☐ Hours/ per day