Analysis N=39

Analysis N=42

Control group N=39

Intervention group N=42

Follow up

Out of the study (n=6)

Non-complication of the class

Out of the study (n=3)

Infant death (n=1)

Non-complication of the class (n=2)

Routine care (N=45)

Routine care+ Cognitive-behavioral counseling (N=45)

Samples Available (N=90)

Assessments of eligible (N=90)

Enrollment

Random allocation

N=90

n

 Figure1: consort Flow Diagram