**No.** 🗖🗖🗖🗖

**Questionnaire**

**Title: Social capital, access to health service on health status and quality of life of the middle-age and elderly in North-East Region.**

**Explanation :** This questionnaire is aim to identify the association between the influence of social capital, access to health services on health status and quality of life of the middle-age and elderly in North-East Region. The information will be used as the policy recommendations to develop the life quality of middle-age and elderly in North-East region.

 Assure that all of the information from this interview will be confidential and the study result will show the overall situations not individual without the name/personal information. This will not have any effect to the interviewee. Therefor, we would like to ask you to reply this questionnaire.

 This questionnaire was divided into 4 parts

 Part 1 Characteristics 11 Questions

 Part 2 Social capital factors 50 Questions

 Part 3 Health service access 7 Questions

 Part 4 Quality of life 26 Questions

The researcher would like to thank you for taking the interview on this occasion.

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**Part 1 Personal factors**

**Explanation**: Please mark the 🗸 in 🗖 or fill the information that match your reality.

|  |  |
| --- | --- |
| **Information** | **For the researcher** |
| 1. Gender 🗖(1) Male 🗖(2) Female | Gender 🗖 |
| 2. Age (Full) ..............................Year (Count from birth year in B.E.) | Age 🗖🗖🗖 |
| 3. Weight..............................Kilograms. | Weight 🗖🗖🗖 |
| 4. Height ..............................Centimeters. | Height 🗖🗖🗖  |
| 3. Highest education attainment.🗖(1) No formal education 🗖(2) Primary Education🗖(3) Junior high school 🗖(4) Senior high school/ Vocational certificate🗖(5) Diploma / high vocational 🗖(6) Bachelor degree🗖(7) Others................................................. | Education 🗖 |
|  4. Marital Status🗖(1) Single 🗖(2) Marriage 🗖(3) Widow 🗖(4) Divorce 🗖(5) Separated | Marital Sta.🗖 |
| 5. Occupation 🗖(1) Government officer/ pensioners 🗖(2) Trade 🗖(3) Contractors 🗖(4) Agriculturist 🗖(5) No occupation  | Occ.🗖 |
| 6. Average household income Approximate ………………….... Baht / Month | Income………… |
| 7. Income sufficiency🗖(1) Sufficient with saving 🗖(2) Sufficient without saving 🗖(3) Insufficient  | Sufficient🗖 |
| 8. Smoking🗖(1) Never (If answer yes, go to question No.9)🗖(2) Ever smoked but had already quit (at least 3 months)🗖(3) Still smoke 🗖(4) Start smoking since ..................years old🗖(5) Smoking duration .................. Year(s)🗖(6) Frequency of smoking ............... Day/Week🗖(7) Average cigarette smoked per day....................... Cigarette  | Smk🗖Smk1🗖🗖Smk2🗖🗖Smk3🗖Smk4🗖🗖 |

|  |  |
| --- | --- |
| 9. Alcohol consumption🗖(1) Never (If answer yes, go to question No.10)🗖(2) Ever drank but had already quit (at least 3 months)🗖(3) Still drinking alcohol 🗖(4) Start drinking alcohol since .................. years old🗖(5) Alcohol drinking duration .................. year(s)🗖(6) Alcohol drinking frequency....................... Times/Week🗖(7) Type of alcohol drinks ;Identify .......................🗖(8) The consumption amount per times .......................(/glass/bottle/can)  | Drk🗖Drk1🗖🗖Drk2🗖🗖Drk3🗖🗖Drk4🗖🗖Drk5🗖🗖 |

|  |  |
| --- | --- |
| **Information** | **For the researcher** |

|  |  |
| --- | --- |
| 10. Exercising🗖(1) No exercise 🗖(2) Have exercise activities🗖(3) Type of exercise Identify .......................................................🗖(4) The average exercise frequency ......................... Times/Week🗖(5) The average exercise duration ........................ Minutes/Times  | Exc🗖Exc1🗖🗖Exc2🗖🗖Exc3🗖🗖 |
| 10. Living area🗖(1) City Municipal🗖(2) Town Municipality🗖(3) Subdistrict Municipality🗖(4) Subdistrict Administrative Organization (SAO) | Area🗖 |
| 11. Do you have any chronic disease? | CD 🗖 |
| 🗖(1) No 🗖(2) Yes identify……………………………... |  |

**Part 2 Social capital factors**

**Explanation** : Please mark the 🗸 in 🗖 or fill the information that match your reality and your routine.

 5 means Always do this activity.

 4 means Usually do this activity.

 3 means Often do this activity.

 2 means Sometimes do this activity.

 1 means Rarely do this activity.

| **Information** | **Practice Level** | **For Researcher** |
| --- | --- | --- |
| 5 | 4 | 3 | 2 | 1 |
|  **Behavior** |  |  |  |  |  |  |
| 1. Participate in the traditional activities in your community. |  |  |  |  |  | CSC1🗖 |
| 2. Help neighbor who had trouble. |  |  |  |  |  | CSC2🗖 |
| 3. Participate in public activities such as cleaning the public area or join any campaign activities. |  |  |  |  |  | CSC3🗖 |
| 4. Participate or help neighbor in activities such as wedding, ordination ceremony or funeral. |  |  |  |  |  | CSC4🗖 |
| 5. Participate in political activities and give opinion for community in various aspects. |  |  |  |  |  | CSC5🗖 |
| **Attitude** |  |  |  |  |  |  |
| 1. You are proud to be a part of the community. |  |  |  |  |  | CSC6🗖 |
| 2. You are willing and ready to participate and follow the agreement of the community. |  |  |  |  |  | CSC7🗖 |
| 3. You have a sense of community ownership. |  |  |  |  |  | CSC8 🗖 |
| 4. You are ready to protect your neighbor when they get threatened from the outsiders. |  |  |  |  |  | CSC9 🗖 |
| 5. You are dedicated your knowledge and competency to develop the community. |  |  |  |  |  | CSC10🗖 |
| **Reciprocity** |  |  |  |  |  |  |
| 1. You and your neighbor always take care of the security of the each other family member and assets. |  |  |  |  |  | CSC 11🗖 |
| 2. People in community help each other. |  |  |  |  |  | CSC 12🗖 |
| 3. Community members sharing knowledge and experience. |  |  |  |  |  | CSC 13🗖 |
| 4. You have shared public resources with community members. |  |  |  |  |  | CSC 14🗖 |
| 5. Group and organization in community always help each other. |  |  |  |  |  | CSC 15🗖 |
| **Solidarity** |  |  |  |  |  |  |
| 1. Community members are generous with each other. |  |  |  |  |  | CSC16🗖 |
| 2. People in the community are united together. |  |  |  |  |  | CSC17🗖 |
| 3. If there is a conflict happen in community. People in community will solve the problem together with impartiality. |  |  |  |  |  | CSC18🗖 |
| 4. People in community are unison in doing community activity. |  |  |  |  |  | CSC19🗖 |
| 5. There is a conflict/ dispute among people and organization in community. |  |  |  |  |  | CSC20🗖 |
|  **Norm** |  |  |  |  |  |  |
| 1. People in community respect the elder and people with good moral. |  |  |  |  |  | CSC21🗖 |
| 2. In your opinion, tax payment is a duty that all citizens must do. |  |  |  |  |  | CSC22🗖 |
| 3. People in community respect the right and privacy of others. |  |  |  |  |  | CSC23🗖 |
| 4. People in community respect and follow community rules and law. |  |  |  |  |  | CSC24🗖 |
| 5. People in community respect the asset ownership of others. |  |  |  |  |  | CSC25🗖 |
| **Trust** |  |  |  |  |  |  |
| 1. You can consult on private or secret issue with your neighbor. |  |  |  |  |  | CSC26🗖 |
| 2. You trust that the government officer functions are to relieve suffering/ for the happiness of people. |  |  |  |  |  | CSC27🗖 |
| 3. You trust in the leader/local politician that to establish stability in life of people such as income and occupation. |  |  |  |  |  | CSC28🗖 |
| 4. You trust in public health personnel in caring of people health in community. |  |  |  |  |  | CSC29🗖 |
| 5. You trust in religious leaders that can be spiritual anchor for people in community.  |  |  |  |  |  | CSC30🗖 |
| **Horizontal organizational structure** |  |  |  |  |  |  |
| 1. There are some conflicts between groups or organizations such as occupational group, saving group, elderly group. |  |  |  |  |  | SSC1🗖 |
| 2. There is adhesion among group members. |  |  |  |  |  | SSC2🗖 |
| 3. The coordinate between you and group members is convenience and fast. |  |  |  |  |  | SSC3🗖 |
| 4. You and group members have mutual concepts and goals. |  |  |  |  |  | SSC4🗖 |
| 5. You can work with the group members. |  |  |  |  |  | SSC5🗖 |
| **Accountability of leader** |  |  |  |  |  |  |
| 1. Your community leader devotes and sacrifices to the public.  |  |  |  |  |  | SSC6🗖 |
| 2. Your community leader works and considers the benefit of the community members. |  |  |  |  |  | SSC7 🗖 |
| 3. Your community leader protects community assets.  |  |  |  |  |  | SSC8 🗖 |
| 4. Your community leader try to develop the community. |  |  |  |  |  | SSC9🗖 |
| 5. Your community leader is responsible to the community and try to solve problems. |  |  |  |  |  | SSC10🗖 |
| **Transparent decision making process** |  |  |  |  |  |  |
| 1. There is a transparency in the decision making in the community activities. |  |  |  |  |  | SSC11🗖 |
| 2. You and community members are sharing the opinions in community decision making  |  |  |  |  |  | SSC12🗖 |
| 3. You and your community members have the opportunity to make decisions about the community. |  |  |  |  |  | SSC13🗖 |
| 4. You and your community members get enough information to make a choice. |  |  |  |  |  | SSC14🗖 |
| 5. The decision is in accordance with the need of community. |  |  |  |  |  | SSC15🗖 |
| **Practices of collective action and responsibility** |  |  |  |  |  |  |
| 1. You are brainstorming and suggests for the solution to solve the problems or for developing the community. |  |  |  |  |  | SSC16🗖 |
| 2. The community members all together participate in community activities. |  |  |  |  |  | SSC17 🗖 |
| 3. You and community members cooperating with the state officials who help developing your community. |  |  |  |  |  | SSC18 🗖 |
| 4. You and community members participating in the problem-solving activities that affect your community. |  |  |  |  |  | SSC19🗖 |
| 5. You and community members are take care of the assets and public benefit of the community. |  |  |  |  |  | SSC20🗖 |

**Part 3 Accessibility to health service**

| **Information** | **For researcher** |
| --- | --- |
| In the past year, have you ever access to health services?  | HS 🗖 |
| 🗖(1) Yes 🗖(2) No (Go to part 4) |  |

**3.1 Accessibility to health services**

**Explanation :** Please mark the 🗸 in 🗖 or fill the information that match your reality and your routine.

5 means Agree on the highest level

 4 means Agree on a high level

 3 means Agree on a moderate level

 2 means Agree on a low level

 1 means Agree on a lowest level

| **Health service access issues** | **The opinion** | **For researcher** |
| --- | --- | --- |
| **1** | **2** | **3** | **4** | **5** |
| **Availability** |  |  |  |  |  |  |
| The availability of health services. |  |  |  |  |  | ACC1 🗖 |
| **Accessibility**  |  |  |  |  |  |  |
| It is convenient to access health services |  |  |  |  |  | ACC2 🗖 |
| **Accommodation** |  |  |  |  |  |  |
| The health services is convenience for people who receive health services |  |  |  |  |  | ACC3 🗖 |
| **Affordability** |  |  |  |  |  |  |
| You can pay for other the expenses to go to get health service such as travel expense, food expenses |  |  |  |  |  | ACC4 🗖 |
| You can pay the service expense for health promotion services |  |  |  |  |  | ACC5 🗖 |
| You are willing to pay for the service expense for health promotion services |  |  |  |  |  | ACC6 🗖 |
| Acceptability |  |  |  |  |  |  |
| You accept for the quality of health services. |  |  |  |  |  | ACC7 🗖 |

 **Part 4 WHOQOL-BREF**

The following questions ask how you feel about your quality of life, health, or other areas of your life. I will read out each question to you, along with the response options. **Please choose the answer that appears most appropriate.** If you are unsure about which response to give to a question, the first response you think of is often the best one.

Please keep in mind your standards, hopes, pleasures and concerns. We ask that you think about your life **in the last four weeks.**

**Scale:**

1 = Very poor, Very dissatisfied, Not at all, Never

2 = Poor, Dissatisfied, A little, Seldom

3 = Neither poor nor good, Neither satisfied nor dissatisfied, A moderate amount, Moderately, Quite often

4 = Good, Satisfied, Very much, Mostly, Very often

5 = Very good, Very satisfied, An extreme amount, Extremely, Completely, Always

|  |  |  |  |
| --- | --- | --- | --- |
| **No.** | **Situations in the past 4 week.** | **Level** | **For researcher** |
| **1** | **2** | **3** | **4** | **5** |
| 1 | How satisfied are you with your health? |  |  |  |  |  | Qol1🗖 |
| 2 | To what extent do you feel that physical pain prevents you from doing what you need to do? |  |  |  |  |  | Qol2🗖 |
| 3 | Do you have enough energy for everyday life? |  |  |  |  |  | Qol3🗖 |
| 4 | How satisfied are you with your sleep? |  |  |  |  |  | Qol4🗖 |
| 5 | How much do you enjoy life? |  |  |  |  |  | Qol5🗖 |
| 6 | How well are you able to concentrate? |  |  |  |  |  | Qol6🗖 |
| 7 | How satisfied are you with yourself? |  |  |  |  |  | Qol7🗖 |
| 8 | Are you able to accept your bodily appearance? |  |  |  |  |  | Qol8🗖 |
| 9 | How often do you have negative feelings such as blue mood, despair, anxiety, depression? |  |  |  |  |  | Qol9🗖 |
| **No.** | **Situations in the past 4 week.** | **Level** | **For researcher** |
| **1** | **2** | **3** | **4** | **5** |
| 10 | How satisfied are you with your ability to perform your daily living activities? |  |  |  |  |  | Qol10🗖 |
| 11 | How much do you need any medical treatment to function in your daily life? |  |  |  |  |  | Qol11🗖 |
| 12 | How satisfied are you with your capacity for work? |  |  |  |  |  | Qol12🗖 |
| 13 | How satisfied are you with your personal relationships? |  |  |  |  |  | Qol13🗖 |
| 14 | How satisfied are you with the support you get from your friends? |  |  |  |  |  | Qol14🗖 |
| 15 | How safe do you feel in your daily life? |  |  |  |  |  | Qol15🗖 |
| 16 | How satisfied are you with the conditions of your living place? |  |  |  |  |  | Qol16🗖 |
| 17 | Have you enough money to meet your needs? |  |  |  |  |  | Qol17🗖 |
| 18 | How satisfied are you with your access to health services? |  |  |  |  |  | Qol18🗖 |
| 19 | How available to you is the information that you need in your day-to-day life? |  |  |  |  |  | Qol19🗖 |
| 20 | To what extent do you have the opportunity for leisure activities? |  |  |  |  |  | Qol20🗖 |
| 21 | How healthy is your physical environment? |  |  |  |  |  | Qol21🗖 |
| 22 | How satisfied are you with your transport? |  |  |  |  |  | Qol22🗖 |
| 23 | To what extent do you feel your life to be meaningful? |  |  |  |  |  | Qol23🗖 |
| 24 | How well are you able to get around? |  |  |  |  |  | Qol24🗖 |
| **No.** | **Situations in the past 4 week.** | **Level** | **For researcher** |
| **1** | **2** | **3** | **4** | **5** |
| 25 | How satisfied are you with your sex life? |  |  |  |  |  | Qol25🗖 |
| 26 | How would you rate your quality of life? |  |  |  |  |  | Qol26🗖 |