**Cochrane Risk of bias tool for randomised controlled trials** (Ref:Higgins JPT, Altman DG, Gøtzsche PC, Jüni P, Moher D, Oxman AD, et al. The Cochrane Collaboration’s tool for assessing risk of bias in randomised trials. BMJ. 2011;343:d5928.)

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| --- | --- | --- | --- | --- |
|  | Lewis 2017 | Rodgers 2018 | Tilbrook 2014 | Mitchell 2012 |
| Random Sequence Generation | Low risk | Low risk | Low risk | Low risk |
| Allocation Concealment | Low risk | Low risk | Low risk | Low risk |
| Selective Reporting | Unclear | Unclear | Unclear | Unclear |
| Blinding of Participants and Personnel | Low risk | Low risk | Low risk | Low risk |
| Blinding of Outcome Assessment | Unclear | Unclear | Unclear | Unclear |
| Incomplete Outcome Data | Low risk | Low risk | Low risk | Low risk |
| Other | Low risk | Low risk | Low risk | Low risk |