




## RESEARCH ARTICLE

# The validation of a commercial enzyme-linked immunosorbent assay and the effect of freeze-thaw cycles of serum on the stability of cortisol and testosterone concentrations in Aceh cattle [version 1; peer review: awaiting peer review]

Gholib Gholib <sup>1</sup>, Sri Wahyuni<sup>2</sup>, Muslim Akmal<sup>3</sup>, Muhammad Hasan<sup>4</sup>, Muhammad Agil<sup>5</sup>, Bambang Purwantara<sup>5</sup>

<sup>1</sup>Physiology Laboratory, Faculty of Veterinary Medicine, Universitas Syiah Kuala, Banda Aceh, Aceh, 23111, Indonesia

<sup>2</sup>Anatomy Laboratory, Faculty of Veterinary Medicine, Universitas Syiah Kuala, Banda Aceh, Aceh, 23111, Indonesia

<sup>3</sup>Histology Laboratory, Faculty of Veterinary Medicine, Universitas Syiah Kuala, Banda Aceh, Aceh, 23111, Indonesia

<sup>4</sup>Clinical Laboratory, Faculty of Veterinary Medicine, Universitas Syiah Kuala, Banda Aceh, Aceh, 23111, Indonesia

<sup>5</sup>Department of Veterinary Clinic Reproduction and Pathology, Bogor Agricultural University, Bogor, Jawa Barat, 16680, Indonesia

**v1** First published: 30 Jul 2019, 8:1220 (<https://doi.org/10.12688/f1000research.19804.1>)

Latest published: 30 Jul 2019, 8:1220 (<https://doi.org/10.12688/f1000research.19804.1>)

## Abstract

**Background:** To obtain accurate measurements of cortisol (C) and testosterone (T) in Aceh cattle, commercial enzyme-linked immunosorbent assay (ELISA) kits need to be carefully validated. Moreover, repeated freeze-thaw cycles during the storage of the samples may affect the stability of the hormones in the serum. Here, we test the reliability of C and T concentration measurements in the serum of Aceh cattle, obtained using commercial C and T ELISA kits designed to measure human C and T concentrations. Further, we evaluate the effect of repeated freeze-thaw cycles on the stability of C and T concentrations in the serum.

**Methods:** Commercial C (Cat. no. EIA-1887) and T (Cat. no. EIA-1559) ELISA kits from DRG Instruments GmbH were validated through an analytical validation test (i.e., parallelism, accuracy, and precision) and a biological validation test (for C: effect of transportation on the C excretion; for T: the concentrations of T between bulls and cows). To test the effects of freeze-thaw cycles, cattle serum was subjected to the following treatments: (i) remained frozen at -20°C (control group); (ii) exposed to freeze-thaw cycles for two, four, six, and eight times (test groups).

**Results:** Parallelism, accuracy, and precision tests showed that both C and T ELISA kits adequately measured C and T in the serum of Aceh cattle. Concentrations of C post-transportation were significantly higher than pre-transportation ( $p < 0.05$ ). Concentrations of T in bulls were significantly higher than in cows ( $p < 0.05$ ). After four to eight freeze-thaw cycles, C concentrations were significantly lower compared to the control group (all  $p < 0.05$ ). In contrast, T concentrations remained stable (all  $p > 0.05$ ).

**Conclusions:** Commercial C (EIA-1887) and T (EIA-1559) ELISA kits are


## Open Peer Review

**Reviewer Status** Awaiting Peer Review

Any reports and responses or comments on the article can be found at the end of the article.

reliable assays for measuring serum C and T, respectively, in Aceh cattle. Repeated freeze-thaw cycles significantly affected the stability of serum C, but did not for T.

### Keywords

aceh cattle, enzyme-linked immunosorbent assay, cortisol, testosterone, analytical validation, biological validation, hormone stability, repeated freezing and re-thawing 

**Corresponding author:** Gholib Gholib ([gholib@unsyiah.ac.id](mailto:gholib@unsyiah.ac.id))

**Author roles:** **Gholib G:** Conceptualization, Data Curation, Formal Analysis, Funding Acquisition, Investigation, Methodology, Project Administration, Resources, Writing – Original Draft Preparation, Writing – Review & Editing; **Wahyuni S:** Conceptualization, Funding Acquisition, Investigation, Methodology, Writing – Review & Editing; **Akmal M:** Data Curation, Methodology, Writing – Review & Editing; **Hasan M:** Data Curation, Resources; **Agil M:** Supervision, Writing – Review & Editing; **Purwantara B:** Supervision, Writing – Review & Editing

**Competing interests:** No competing interests were disclosed.

**Grant information:** This study was funded by The Ministry of Research, Technology and Higher Education, Indonesia [215/SP2H/LT/DPRM/2019]. This paper also supported by USAID through Sustainable Higher Education Research Alliances (SHERA) Program - Center for Collaborative Research Animal Biotechnology and Coral Reef Fisheries (CCR ANBIOCORE).  
*The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.*

**Copyright:** © 2019 Gholib G *et al.* This is an open access article distributed under the terms of the [Creative Commons Attribution Licence](#), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

**How to cite this article:** Gholib G, Wahyuni S, Akmal M *et al.* **The validation of a commercial enzyme-linked immunosorbent assay and the effect of freeze-thaw cycles of serum on the stability of cortisol and testosterone concentrations in Aceh cattle [version 1; peer review: awaiting peer review]** F1000Research 2019, 8:1220 (<https://doi.org/10.12688/f1000research.19804.1>)

**First published:** 30 Jul 2019, 8:1220 (<https://doi.org/10.12688/f1000research.19804.1>)

## Introduction

Cortisol (C) and testosterone (T) are steroid hormones. Cortisol is produced by the adrenal cortex<sup>1</sup>, while T is produced by the Leydig cells in the testes<sup>2</sup>. C has a key role in physiological stress responses. Accordingly, this hormone is commonly used as an indicator of stress<sup>3</sup>. On the other hand, T plays an important role in male reproduction physiology<sup>4</sup>. Thus, T levels can be used to assess male gonadal function<sup>5</sup>.

Steroid hormones can be measured by an enzyme-linked immunosorbent assay (ELISA) technique using various samples (e.g., plasma or serum<sup>4</sup>, urine<sup>5</sup>, feces<sup>6,7</sup>, saliva<sup>8,9</sup>, and hair<sup>10</sup>). This technique is now widely used, as it is simple, rapid, convenient, relatively inexpensive, requires a lower sample volume, and particularly, as it is free of radioisotope waste<sup>11,12</sup>. Moreover, the availability of commercial ELISA kits makes it easy to apply this technique. However, because many commercial ELISA kits are usually designed for humans, using them for animals must be done with great caution and measurements are only trustworthy after the validation of the assay<sup>13</sup>.

In order to reliably measure C and T concentrations in cattle using a human commercial ELISA kit, the ELISA kit needs to be validated analytically, physiologically or biologically<sup>4,14</sup>. Analytical validation can be performed by examining the specificity (cross-reactions), sensitivity, precision, and parallelism (linearity) of the ELISA kit<sup>14</sup>. In addition, it is crucial to perform the biological validation of the assay to examine the ability of the assay to differentiate the variation of the hormone concentration based on the physiological conditions of the animals<sup>14</sup>. The biological validation of T measurements can be achieved by comparing the concentrations of T from individuals of different age (juvenile versus adult), or sex (male versus female) classes<sup>4</sup>. For C measurements, the comparison of C concentrations of the same animal before and after some known stressful events (e.g., capture, translocation, transportation, and agonistic interactions) can be used as a biological validation procedure<sup>14</sup>.

Another critical issue for hormone measurements is the repeated freezing and re-thawing of the samples (freeze-thaw cycles) during the storage prior to the analyses<sup>15</sup>. Freezing the serum or plasma at -20°C or lower is an ideal storage method<sup>16</sup>. However, power outages frequently occur, particularly in developing countries, and they can last for a few hours up to a day. Manuals of commercial ELISA kits always explicitly warn to avoid freeze-thaw cycles, because repeated freezing and re-thawing of the samples may affect the stability of the hormones in the serum or plasma, for example: insulin in rats<sup>17</sup>; adrenocorticotrophic hormone in humans<sup>18</sup>; and sex hormone-binding globulin (SHBG), progesterone, estrone, estradiol, and dehydroepiandrosterone sulfate (DHEAS) in humans<sup>19,20</sup>. Conversely, several studies have reported no effect of repeated freeze-thaw cycles on the stability of hormone concentrations, such as progesterone in female dogs (bitches)<sup>21</sup> and DHEAS, C, dihydrotestosterone, T, estradiol, and progesterone in humans<sup>22,23</sup>. These different results suggest that the stability may depend on the number of cycles, duration of cycles, and temperature during the repeated freezing and rethawing, as well as on the type of hormones measured.

In 2011, the Ministry of Agriculture of Indonesia declared Aceh cattle to be a native Indonesian genome resource. This type of cattle can adapt well to the tropical environment and is important for meat production. Increasing the Aceh cattle population is very important for the fulfillment of the protein requirements of the human population in the Aceh region. In this respect, the measurement of C and T can be used for informing husbandry management and breeding programs for this animal. In preparation for the first study to monitor reproduction and stress physiology of Aceh cattle, we test the reliability of commercial C and T ELISA kits designed for human serum/plasma to measure C and T concentrations in the serum of Aceh cattle. Moreover, we evaluate the stability of C and T concentrations in the serum of Aceh cattle after exposure to several repeated freeze-thaw cycles.

## Methods

### Ethical statement

The Institutional Committee of Animal Ethics of the Faculty of Veterinary Medicine, Universitas Syiah Kuala approved the use of all experimental animals in this study (Ref: 33/KEPH/VI/2019)<sup>24</sup> (see *Extended data*). All efforts were made to ameliorate harm to the animals, such as: cattle were placed in the clamp cage to ensure quick, easy and safe collection of the blood sample causing minimal distress; blood samples were collected via the jugular vein without sedation, causing minimal distress. During the study, a member of the study team, accompanied by a veterinarian, observed their behavior for signs of excessive distress or sickness. None of the procedures performed in this study resulted in distress, sickness behavior or weight loss.

### Study animals

Samples were collected from 12 adult Aceh cattle (aged two to five years old and weighing 150–300 kg) during two weeks in April 2019. This sample size was calculated based on Federer's formula:  $(t-1)(n-1) \geq 15$ , where  $t$  is the number of treatments and  $n$  is the number of animals. The sample size calculated using this formula is 16, but it was decided that a sample size of 12 animals would be satisfactory for statistical analysis. Six adult males (bulls) were sampled from a smallholder farmer at Darussalam, Aceh Besar, Aceh Province. These bulls were housed in stables, with each bull was separated by a wooden partition (individual housing system). Six adult female (cows) were sampled from a teaching farm (UPT hewan coba), Faculty of Veterinary Medicine, Universitas Syiah Kuala, Banda Aceh. These cows were housed together in stables (colony housing system). Cattle housing was equipped with feed and water troughs and food and water were consumed by the cattle *ad libitum*.

### Collection and processing of blood samples

Blood samples (around 5 ml per animal) were collected inside on the farm by a veterinarian from the jugular vein using standard operating procedure without sedation. For the biological validation of C, blood samples were collected in the afternoon (16.00 to 18.00), while for the biological validation of T, blood samples were collected in the morning (06.00 to 08.00). Afterward, the blood was allowed to clot at room temperature for between 30 minutes and two hours. Then, the serum was separated from the red blood cells by centrifugation at 1200xg for 10 minutes at 4°C. After that, the supernatant

(serum) was immediately transferred to polypropylene tubes (Eppendorf Safe-Lock tubes) and stored at -20°C.

### Validation of commercial C and T ELISA kits

To test the capability of the commercial C and T ELISA kits in quantifying concentrations of T and C in the serum of Aceh cattle, the commercial C (Cat. no. EIA-1887) and T (Cat. no. EIA-1559) ELISA kits produced by DRG Instruments GmbH, Germany, were evaluated using analytical and biological validations. The procedure for assay validation was conducted as described by Rangel-Negrin *et al.*<sup>14</sup> and Gholib *et al.*<sup>4</sup>. Briefly, the analytical validation was comprised of parallelism (i.e. running serial dilution of Aceh cattle serum 1:2 to 1:16, assayed together with C and T standards, and comparing the slope of expected dose versus percent bound of diluted Aceh cattle serum with the slope of C and T standards), accuracy (i.e. adding known quantities of hormone to C and T standards and calculating the percentage of recovery), and precision (i.e., measuring some low-quality controls (QC L) and high-quality controls (QC H) in one microplate to calculate intra-assay coefficients of variation (CV) and some QC L and QC H in several microplates to calculate inter-assay CV. The sensitivity was reported as provided by the manufacturer.

For the biological validation of C, we examined the effects of transportation on the C excretion. We used five of the Aceh cattle described above (two bulls and three cows). Bulls and cows were transported using different road vehicles (open car) around Banda Aceh at 11.00 a.m for an hour (~40 km/hour). During transportation, cattle were secured using a rope around their neck and bulls and cows were transported using different vehicles. We predicted that C concentrations should be higher following transportation. We collected serum a day before transportation and four hours after transportation. Serum was collected as described above. For the biological validation of T, we compared the concentrations of T from six bulls and six cows and predicted that the T concentration should be higher in bulls.

### Experiment design of freeze-thaw cycles

To evaluate the stability of C and T concentrations in serum exposed to repeated freeze-thaw cycles, we took seven serum samples (three bulls and four cows) collected from the previous experiment (biological validation of C and T) to be used for the freeze-thaw cycle experiment, in order to avoid several blood sample collections. Each serum sample was then divided into five aliquots and transferred into 1.5 ml micro-tubes (Eppendorf Safe-Lock tubes; total 35 aliquots; 0.2 ml per tube), closed tightly and sealed with parafilm. All aliquots were subsequently stored frozen at -20°C. Later, those aliquots were subjected to the following treatments: (i) aliquots remained frozen at -20°C until the time of hormone analysis as a control group (N=7); and (ii) aliquots were exposed to repeated freeze-thaw cycles for two, four, six, and eight cycles as test groups (N=7 for each group). The serum was thawed for six hours by placing the tube in a room without an air conditioner (mean of temperature 27.6±0.7°C). Afterward, the serum was refrozen for 24 hours prior to re-thawing. After all freeze-thaw cycles were completed, C and T concentrations were measured for all serum samples together.

### C and T concentration measurements

The concentration of C was measured using a commercial C ELISA kit (Cat. no. EIA-1887, DRG Instruments GmbH, Germany). The assay utilizes a monoclonal anti-cortisol antibody and C labeled with horseradish peroxidase as an enzyme conjugate. The measurement of C was conducted following the instructions of the manufacturer (DRG diagnostics). In brief, 20 µl of each standard, control, and samples (serum) in duplicate were dispensed with new disposable tips into appropriate wells on a microplate coated with C monoclonal antibody. After that, each microplate well was filled with 200 µl enzyme conjugate, thoroughly mixed, and then incubated for 60 minutes at room temperature. After incubation, the solution in the wells was briskly shaken out and rinsed out with 350 µl diluted washing solution per well four times. Furthermore, 100 µl substrate solution (tetramethylbenzidine) was added to each well of the microplate, which was then re-incubated for 15–20 minutes at room temperature. After that, the enzymatic reaction was stopped by adding 100 µl of stop solution (0.5 M H<sub>2</sub>SO<sub>4</sub>) to each well. Finally, absorbance was determined by using an ELISA reader (xMark™ Microplate Absorbance Spectrophotometer, Bio-Rad Laboratories Inc.) at 450 nm. The C concentration was then calculated using the Microplate Manager® 6 Software (Bio-Rad Laboratories Inc.).

The concentration of T was measured using a commercial T ELISA kit (Cat. no. EIA-1559, DRG Instruments GmbH, Germany). The assay utilizes a mouse monoclonal anti-testosterone antibody and T labeled with horseradish peroxidase as an enzyme conjugate. This assay has been previously validated successfully for measuring T concentrations in Kacang goats<sup>4</sup>. T measurements were conducted following the instructions of the manufacturer (DRG diagnostics) and as described by Gholib *et al.*<sup>4</sup>. In brief, 25 µl of each standard, control, and samples (serum) in duplicate were dispensed with new disposable tips into appropriate wells on a microplate coated with T monoclonal antibody. After that, each microplate well was filled with 200 µl enzyme conjugate, thoroughly mixed, and then incubated for 60 minutes at room temperature. Following this, the microplates were treated and absorbance was measured as described above for C.

### Data analysis

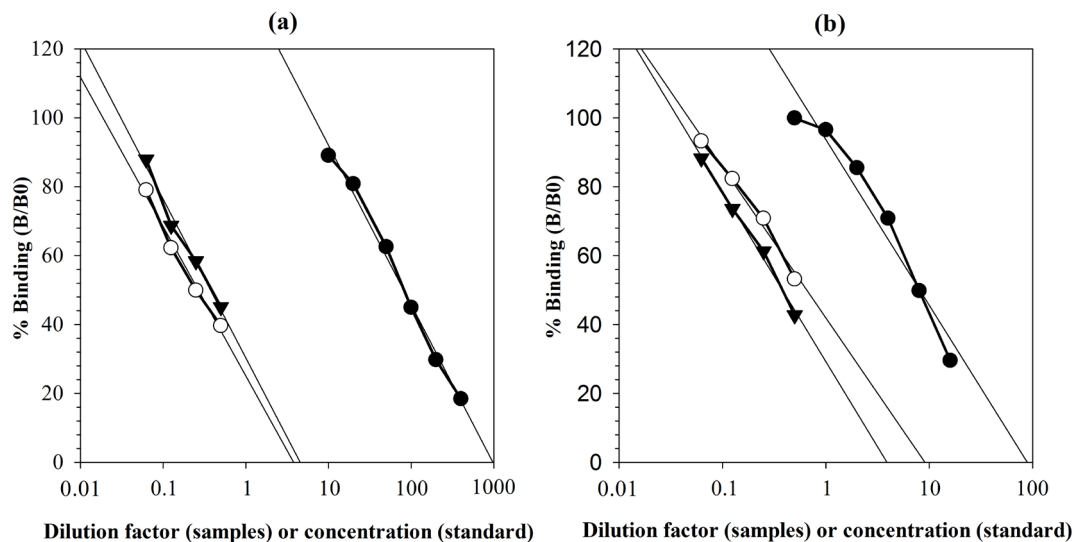
Normality distribution of the data was tested using the Shapiro-Wilk test prior to statistical analysis. For the analytical validation, the parallelism between serial dilutions of two selected serum samples and standard curves was determined by a test of equality of two slopes<sup>24</sup>. For the biological validation, C data before and after transportation showed a normal distribution ( $p>0.05$ ), whereas T data of bulls and cows did not ( $p<0.05$ ). A paired t-test was used for C, whereas for T, a Mann-Whitney U test was used. For the freeze-thaw cycles experiments, the proportion of change in C and T concentrations relative to the control was calculated as  $(a_n - x_n/x_n) \times 100$ , where  $a_n$  is the nth sample value in each freeze-thaw cycles series (two, four, six, eight times) and  $x_n$  is the value at time zero (control) of the nth sample<sup>7,15</sup>. The C data were normally distributed ( $p>0.05$ ), whereas the T data was not ( $p<0.05$ ). Therefore, for C, a one-way repeated measures ANOVA followed

by *post hoc* analysis using the Bonferroni test was conducted, whereas a Friedman repeated-measures ANOVA on ranks was set up to analyze T concentrations<sup>7</sup>. We used SigmaPlot 11.0 to create graphs and IBM SPSS 20 to carry out the statistical analysis. All statistical tests were two-tailed and the significance level was set at 0.05.

## Results

### The validity of commercial ELISA kits for measuring C and T in the serum of cattle

The serial dilution of the selected serum showed displacement curves that were parallel to C and T standard curves (Figure 1, Table 1). The parallelism, dose-response, accuracy, and



**Figure 1.** Curves of parallelism test from the serial dilution of tested samples (serum of Aceh cattle) and cortisol and testosterone standards are presented. **a)** Cortisol (C) enzyme-linked immunosorbent assay (ELISA) kit: sample one (white circle) and sample two (black triangle down) were diluted 1:2 to 1:16 in assay buffer and measured with serial C standards (black circle) ranging from 10 to 400 ng/ml. The curve of sample one, sample two, and C standards produced almost identical  $R^2$  values: 0.987, 0.945, and 0.992, respectively. **b)** Testosterone (T) ELISA kit: sample one (white circle) and sample two (black triangle down) were diluted 1:2 to 1:16 in assay buffer and measured with serial T standards (black circle) ranging from 0.5 to 16 ng/ml. The curve of sample one, sample two, and T standards produced almost identical  $R^2$  values: 0.964, 0.993, and 0.945, respectively.

**Table 1.** Results of the analytical validation of the commercial cortisol (DRG, Cat. No. EIA-1887) and testosterone (DRG, Cat. No. EIA-1559) enzyme-linked immunosorbent assay (ELISA) kits.

| Measured parameters                           | Cortisol ELISA kit                                           | Testosterone ELISA kit                                       |
|-----------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|
| Parallelism                                   |                                                              |                                                              |
| - Sample one                                  | Parallel, $t = -0.218$ , $p = 0.833$                         | Parallel, $t = -0.067$ , $p = 0.948$                         |
| - Sample two                                  | Parallel, $t = -0.674$ , $p = 0.519$                         | Parallel, $t = 0.376$ , $p = 0.716$                          |
| Dose response curve                           |                                                              |                                                              |
| - Sample one                                  | $y = -18.827 \ln(x) + 25.050$<br>$R^2 = 0.987$ , $p = 0.006$ | $y = -17.373 \ln(x) + 43.792$<br>$R^2 = 0.964$ , $p = 0.018$ |
| - Sample two                                  | $y = -19.433 \ln(x) + 30.350$<br>$R^2 = 0.945$ , $p = 0.028$ | $y = -21.480 \ln(x) + 29.218$<br>$R^2 = 0.993$ , $p = 0.003$ |
| Accuracy $\pm$ SD (%) (N=6)                   | 104.89 $\pm$ 7.09                                            | 103.37 $\pm$ 9.62                                            |
| Coefficient variation (CV) of intra-assay (%) |                                                              |                                                              |
| - Low quality control (N=6)                   | 8.40                                                         | 7.32                                                         |
| - High quality control (N=6)                  | 4.86                                                         | 6.62                                                         |
| Coefficient variation (CV) of inter-assay (%) |                                                              |                                                              |
| - Low quality control (N=6)                   | 12.45                                                        | 10.70                                                        |
| - High quality control (N=6)                  | 6.80                                                         | 8.91                                                         |
| Sensitivity (ng/ml) <sup>a</sup>              | 2.5                                                          | 0.083                                                        |

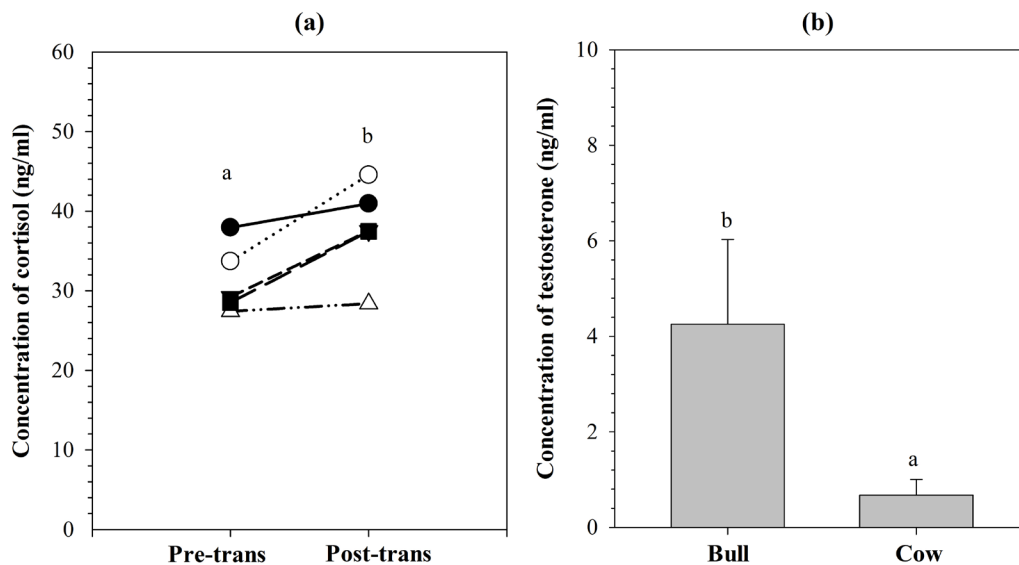
<sup>a</sup> = value in manual protocol of assay from manufacturer

precision (coefficients of variation/CV of intra-and inter-assay) are presented in Table 1.

The mean ( $\pm$  SD) of the C concentrations in the samples post-transportation ( $37.77 \pm 6.01$  ng/ml) was significantly higher compared to pre-transportation samples ( $31.36 \pm 4.39$  ng/ml;  $t = -3.403$ ,  $p = 0.027$ ; Figure 2A). The mean ( $\pm$  SD) of the T concentrations in bulls ( $4.25 \pm 1.78$  ng/ml) was significantly higher than the T concentrations in cows ( $0.68 \pm 0.33$  ng/ml;  $U = 0.0005$ ,  $p = 0.004$ ; Figure 2B). Results on the analytical and biological validations indicated that both C and T ELISA kits were reliable assays for measuring C and T concentrations in Aceh cattle. Raw values of analytical validation results are given in Dataset 1<sup>25</sup>, whereas raw values of biological validation results are given in Dataset 2<sup>26</sup> (see *Underlying data*).

### C and T stabilities after exposure to repeated freeze-thaw cycles

Repeated freeze-thaw cycles in serum significantly affected the stability of C concentrations ( $F[4,30] = 11.681$ ,  $p < 0.001$ ,  $N=7$ ; Table 2). *Post hoc* analysis showed that after four to eight freeze-thaw cycles, the C concentrations were significantly lower than those of the control group (all  $p < 0.05$ ; Table 2, Figure 3A). In contrast to the C concentrations, the T concentrations remained stable after exposure to two to eight freeze-thaw cycles ( $\chi^2[4] = 7.626$ ,  $p = 0.106$ ,  $N = 7$ ; Table 2, Figure 3B). The mean percentage of change in C and T concentrations ranged between 13.43 to 33.94% and 3.55 to 8.33%, respectively, relative to the control group (Figure 3). Raw values of C and T concentrations are given in Dataset 3<sup>27</sup> (see *Underlying data*).



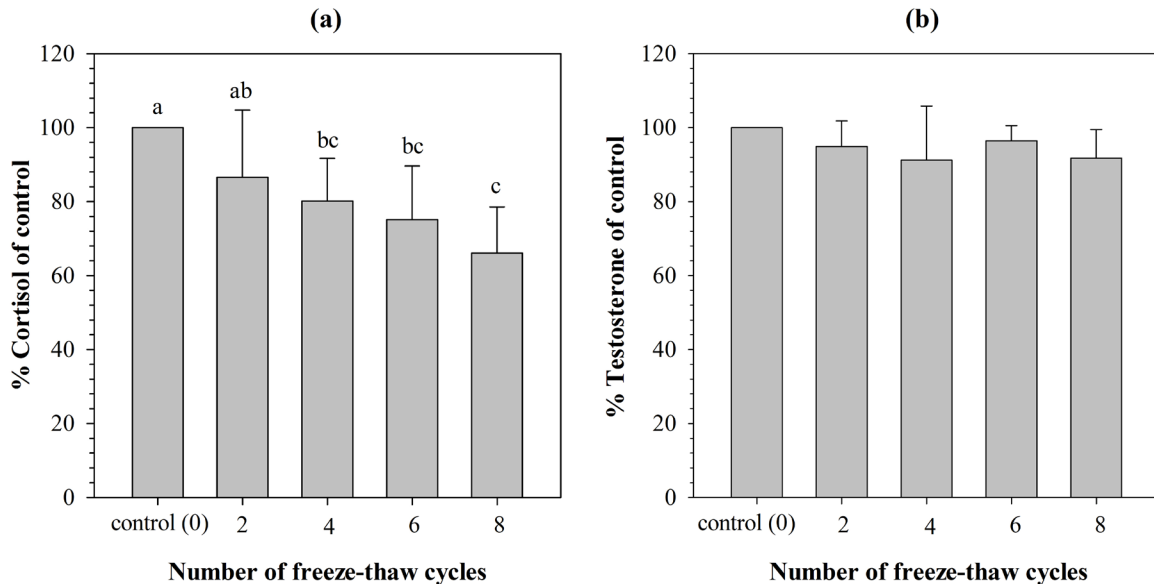
**Figure 2. Results of the biological validation of the commercial enzyme-linked immunosorbent assay (ELISA) kits. a)** Concentrations of cortisol (C) before (pre-trans) and after (post-trans) transportation measured using a commercial C ELISA kit (DRG, Cat. No. EIA-1887). **b)** Concentrations of testosterone (T) in bulls and cows measured using a commercial T ELISA kit (DRG, Cat. No. EIA-1559). Different superscripts above line symbols and histogram indicate a significant difference between groups ( $p < 0.05$ ).

**Table 2. Concentrations of cortisol and testosterone (mean $\pm$ SD) from serum exposed to repeated freeze-thaw cycles.**

| Number of freeze-thaw cycles | Cortisol (ng/m)                | Testosterone (ng/n) |
|------------------------------|--------------------------------|---------------------|
| Control (0)                  | 22.11 $\pm$ 3.62 <sup>a</sup>  | 4.04 $\pm$ 1.57     |
| 2                            | 19.00 $\pm$ 4.28 <sup>ab</sup> | 3.79 $\pm$ 1.39     |
| 4                            | 17.62 $\pm$ 3.24 <sup>bc</sup> | 3.63 $\pm$ 1.50     |
| 6                            | 16.73 $\pm$ 4.78 <sup>bc</sup> | 3.86 $\pm$ 1.40     |
| 8                            | 14.87 $\pm$ 4.77 <sup>c</sup>  | 3.69 $\pm$ 1.46     |

<sup>a,b,c</sup> Different superscripts above value indicate a significant difference between groups ( $p < 0.05$ )





**Figure 3. Percentages of hormone concentrations in the serum exposed to repeated freeze-thaw cycles compared to control.** a) Cortisol (C). b) Testosterone (T). Values represent mean $\pm$ SD relative to control (100%). Different superscripts above histogram indicate a significant difference between groups ( $p < 0.05$ ).

## Discussion

In the current study, we demonstrate that C and T concentrations in the serum of Aceh cattle can be accurately measured using the commercial C and T ELISA kits designed for human C and T measurement. The results of the parallelism test show that the slope of the diluted sample curves was parallel to the standard curves of commercial C and T ELISA kits. In addition, concentrations of C and T decreased significantly following the dilution levels. Furthermore, these assays also show high accuracy ( $\sim 100\%$ ) and precision ( $CV < 10\%$  and  $< 15\%$  for intra- and inter-assay, respectively). Therefore, both the commercial C ELISA kit and the commercial T ELISA kit tested can be used to measure C and T concentrations, respectively, reliably in the serum of Aceh cattle.

A significant increase in C excretion after transportation was detected by the commercial C ELISA kit tested (Figure 2A). This result was to be predicted because C is the main modulator of physiological stress and it will increase in response to a stressor<sup>28</sup>. The commercial T ELISA kit also appeared reliable in its ability to discriminate T concentrations between bulls and cows. T concentrations in bulls were more than five times higher compared to cows. This result was to be expected because T is the major androgen produced by the Leydig cells of the testes<sup>29</sup>, whereas only small amounts are secreted in the adrenal cortex and ovaries of females<sup>30</sup>.

Our results indicated that the biological validation of commercial C and T ELISA kits can be performed using

C measurements in relation to a stressful event and T measurements of different sexes. It is crucial to conduct such a validation to ensure the biological meaningfulness of the analyses<sup>31,32</sup>. EIA-1887 and EIA-1559 are commercial ELISA kits developed for measuring hormone concentrations, particularly in human serum/plasma. These assays use an antibody highly specific to either C or T. The antigen (C or T) in the serum of Aceh cattle can bind correctly with the antibody (anti-cortisol and anti-testosterone) in these ELISA kits<sup>4</sup> because the side-chains of the carbon compounds of C (C-21)<sup>33</sup> and T(C-19)<sup>30</sup> have similar structures in vertebrates. The validation of commercial ELISA kits for measuring hormones in animals has been successfully conducted in several animals, such as progesterone in cattle<sup>34</sup>, estradiol and inhibin A in buffalo<sup>35</sup>, C in horses<sup>36</sup>, and T in Kacang goats<sup>4</sup>.

In addition to the validation of ELISA kits, we tested the effects of repeated freeze-thaw cycles on the stability of C and T concentrations in serum. Concentrations of C decreased significantly after the exposure to four, six, and eight freeze-thaw cycles ( $p < 0.05$ ), while T concentrations did not ( $p > 0.05$ ). Concentrations of C declined up to 33.94% after eight freeze-thaw cycles, whereas the percentage changes in T concentrations were less than 10% in all test groups. These findings show that T is more resilient to freeze-thaw cycles compared to C. The reason why C and T concentrations decreased after exposure to repeated freeze-thaw cycles is not entirely clear. It is possible, however, that the serum left at high temperatures ( $27.6 \pm 0.7^\circ\text{C}$ ) during the six hours of the thawing process might facilitate the increased

degradation of C and T<sup>15</sup>. Consequently, less antigen in the serum binds with the antibody of the assay<sup>37</sup>. Thus, C and T concentrations in all test groups were lower than the control group.

From a practical point of view, our results suggest that commercial C (EIA-1887) and T (EIA-1559) ELISA kits can accurately measure C and T concentrations, respectively, in the serum of animals such as Aceh cattle. It can be advantageous to use these commercial assays over assays specifically designed for animals because of their relatively low price. On the other hand, repeated freeze-thaw cycles must be considered, especially for the C measurement. Therefore, conditions that may potentially cause repeated freeze-thaw cycles of samples designated for hormone analysis (e.g. frequent power outages) should be avoided. Some efforts can be performed to prevent the possibility of repeated freeze-thaw cycles, such as installing a backup generator in each laboratory to supply electricity when there are power outages, filling each freezer with a blanket of ice packs to maintain the temperature inside the freezer during the power outage, averting the use of an aliquot of serum/plasma for several analyses at different times, and dividing serum into several aliquots when several analyses should be performed from the same sample<sup>15</sup>.

This study has some limitations: first, the small sample size used; and second, the information regarding the substantive reason for decreasing C and T concentrations after repeated freeze-thaw cycles is still unclear. To elucidate this reason, the biochemistry of the serum after exposure to freeze thaw-cycles needs to be investigated in future studies. Moreover, it was unclear whether these assays are also reliable for other animals, so they would need a validation test for each animal. Apart from the fact that there are limitations, the results are important to support further studies in Aceh cattle, particularly for maintaining and growing the Aceh cattle population to ensure food security in the Aceh region and Indonesia as a whole.

In conclusion, our study shows that commercial C (EIA-1887) and T (EIA-1559) ELISA kits are reliable assays for measuring serum C and T, respectively, in Aceh cattle. We also demonstrate that more than two repeated freeze-thaw cycles significantly affected the stability of serum C concentrations, but up to eight repeated freeze-thaw cycles did not significantly affect the stability of serum T concentrations.

## Data availability

### Underlying data

Figshare: Dataset 1. <https://doi.org/10.6084/m9.figshare.8342504.v2><sup>25</sup>

This project contains the following underlying data:

- Analytical validation data.csv (raw values of analytical validation results included data of parallelism, accuracy,

and precision [coefficients of variation/CV of intra-and inter-assay])

Figshare: Dataset 2. <https://doi.org/10.6084/m9.figshare.8342651.v1><sup>26</sup>

This project contains the following underlying data:

- Data of Biological validation.csv (raw values of biological validation results: cortisol concentrations before and after transportation and testosterone concentrations in bulls and cows of Aceh cattle)

Figshare: Dataset 3. <https://doi.org/10.6084/m9.figshare.8342720.v1><sup>27</sup>

This project contains the following underlying data:

- Data of freeze-thaw cycles on cortisol and testosterone.csv (raw value of cortisol and testosterone concentration in Aceh cattle serum after exposure repeated freeze-thaw cycles)

Data are available under the terms of the [Creative Commons Attribution 4.0 International license \(CC-BY 4.0\)](#).

### Extended data

Figshare: Extended data 1. <https://doi.org/10.6084/m9.figshare.8487830.v1><sup>24</sup>

This project contains the following extended data:

- Ethical Clearance Approval Gholib *et al.*.pdf (certificate of ethical clearance approval for using animals)

Data are available under the terms of the [Creative Commons Zero "No rights reserved" data waiver \(CC0 1.0 Public domain dedication\)](#).

### Grant information

This study was funded by The Ministry of Research, Technology and Higher Education, Indonesia [215/SP2H/LT/DPRM/2019]. This paper also supported by USAID through Sustainable Higher Education Research Alliances (SHERA) Program - Center for Collaborative Research Animal Biotechnology and Coral Reef Fisheries (CCR ANBIOCORE).

*The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.*

### Acknowledgments

We are grateful to Julia A. Kunz for valuable comments, suggestions, and English corrections during preparing this manuscript.



## References

1. Sheriff MJ, Dantzer B, Delehanty B, *et al.*: **Measuring stress in wildlife: techniques for quantifying glucocorticoids.** *Oecologia*. 2011; **166**(4): 869–887.  
[PubMed Abstract](#) | [Publisher Full Text](#)
2. Hardy MP, Gao HB, Dong Q, *et al.*: **Stress hormone and male reproductive function.** *Cell Tissue Res*. 2005; **322**(1): 147–153.  
[PubMed Abstract](#) | [Publisher Full Text](#)
3. Möstl E, Palme R: **Hormones as indicators of stress.** *Dom Anim Endocrinol*. 2002; **23**(1–2): 67–74.  
[PubMed Abstract](#) | [Publisher Full Text](#)
4. Gholib G, Wahyuni S, Kadar OH, *et al.*: **Measurement of serum testosterone in kacang goat by using enzyme-linked immunosorbent assay (elisa) technique: the importance of kit validation.** *J Ked Hewan*. 2016; **10**(1): 32–36.  
[Publisher Full Text](#)
5. Du Z, Keeley T, Janssen T, *et al.*: **Measurement of testosterone and cortisol metabolites and luteinising hormone in captive southern hairy-nosed wombat (*Lasiorhinus latifrons*) urine.** *Gen Comp Endocrinol*. 2017; **250**: 70–79.  
[PubMed Abstract](#) | [Publisher Full Text](#)
6. Nugraha TP, Heistermann M, Agil M, *et al.*: **Validation of a field-friendly extraction and storage method to monitor fecal steroid metabolites in wild orangutans.** *Primates*. 2017; **58**(2): 285–294.  
[PubMed Abstract](#) | [Publisher Full Text](#)
7. Gholib G, Heistermann M, Agil M, *et al.*: **Comparison of fecal preservation and extraction methods for steroid hormone metabolite analysis in wild crested macaques.** *Primates*. 2018; **59**(3): 281–292.  
[PubMed Abstract](#) | [Publisher Full Text](#)
8. Durdiaková J, Fábryová H, Koborová I, *et al.*: **The effects of saliva collection, handling and storage on salivary testosterone measurement.** *Steroids*. 2013; **78**(14): 1325–1331.  
[PubMed Abstract](#) | [Publisher Full Text](#)
9. Bloomer RJ: **Considerations in the Measurement of Testosterone in Saliva and Serum using ELISA Procedures.** *Br J Med Med Res*. 2015; **5**(1): 116–122.  
[PubMed Abstract](#) | [Publisher Full Text](#)
10. Stradaoli G, Peric T, Montillo M, *et al.*: **Hair cortisol and testosterone concentrations and semen production of *Bos taurus* bulls.** *Ital J Anim Sci*. 2017; **16**(4): 631–639.  
[Publisher Full Text](#)
11. Dorgan JF, Fears TR, McMahon RP, *et al.*: **Measurement of steroid sex hormones in serum: a comparison of radioimmunoassay and mass spectrometry.** *Steroids*. 2002; **67**(3–4): 151–158.  
[PubMed Abstract](#) | [Publisher Full Text](#)
12. Sakamoto S, Putalun W, Vimolmangkang S, *et al.*: **Enzyme-linked immunosorbent assay for the quantitative/qualitative analysis of plant secondary metabolites.** *J Nat Med*. 2018; **72**(1): 32–42.  
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
13. Kinn Rød AM, Harkstad N, Jellestad FK, *et al.*: **Comparison of commercial ELISA assays for quantification of corticosterone in serum.** *Sci Rep*. 2017; **7**(1): 6748.  
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
14. Rangel-Negrin A, Flores-Escobar E, Chavira R, *et al.*: **Physiological and analytical validations of fecal steroid hormone measures in black howler monkeys.** *Primates*. 2014; **55**(4): 456–65.  
[PubMed Abstract](#) | [Publisher Full Text](#)
15. Gholib G, Agil M, Supriatna I, *et al.*: **Repeated freeze-thaw cycles but not short-term storage of fecal extracts at ambient temperature influence the stability of steroid metabolite levels in crested macaques.** *J Ked Hewan*. 2017; **11**(2): 78–85.  
[Publisher Full Text](#)
16. Hodges JK, Heistermann M: **Field Endocrinology: Monitoring Hormonal Changes in Free-Ranging Primates.** In: Setchell JM, Curtis DJ (eds) *Field and Laboratory Methods in Primatology: A Practical Guide*. 2nd edn. Cambridge University Press, Cambridge. 2011; 353–370.  
[Publisher Full Text](#)
17. Bielohuby M, Popp S, Bidlingmaier M: **A guide for measurement of circulating metabolic hormones in rodents: Pitfalls during the pre-analytical phase.** *Mol Metab*. 2012; **1**(1–2): 47–60.  
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
18. Hillebrand JJ, Heijboer AC, Endert E: **Effects of repeated freeze-thaw cycles on endocrine parameters in plasma and serum.** *Ann Clin Biochem*. 2017; **54**(2): 289–292.  
[PubMed Abstract](#) | [Publisher Full Text](#)
19. Reyna R, Traynor KD, Hines G, *et al.*: **Repeated freezing and thawing does not generally alter assay results for several commonly studied reproductive hormones.** *Fertil Steril*. 2001; **76**(4): 823–825.  
[PubMed Abstract](#) | [Publisher Full Text](#)
20. Comstock GW, Burke AE, Norkus EP, *et al.*: **Effects of Repeated Freeze-Thaw Cycles on Concentrations of Cholesterol, Micronutrients, and Hormones in Human Plasma and Serum.** *Clin Chem*. 2001; **47**(1): 139–142.  
[PubMed Abstract](#)
21. Tahir MZ, Thumire S, Raffaelli M, *et al.*: **Effect of blood handling conditions on progesterone assay results obtained by chemiluminescence in the bitch.** *Domest Anim Endocrinol*. 2013; **45**(3): 141–144.  
[PubMed Abstract](#) | [Publisher Full Text](#)
22. Kley HK, Rick W: **The effect of storage and temperature on the analysis of steroids in plasma and blood.** *J Clin Chem Clin Biochem*. 1984; **22**(5): 371–378.  
[PubMed Abstract](#)
23. Bauman JE: **Stability of radioimmunoassayable steroid and protein hormones after repeated freeze-thaw cycles.** *Clin Chem*. 1982; **28**(11): 2336–2337.  
[PubMed Abstract](#)
24. Gholib G, Wahyuni S, Akmal M, *et al.*: **Extended data 1.figshare. Figure.** 2019.  
<http://dx.doi.org/10.6084/m9.figshare.8487830.v1>
25. Zar JH: **Biostatistical Analysis.** Prentice Hall, Upper Saddle River, N.J. 1996.
26. Gholib G, Wahyuni S, Akmal M, *et al.*: **Dataset 1. figshare. Dataset.** 2019.  
<http://dx.doi.org/10.6084/m9.figshare.8342504.v2>
27. Gholib G, Wahyuni S, Akmal M, *et al.*: **Dataset 2. figshare. Dataset.** 2019.  
<http://dx.doi.org/10.6084/m9.figshare.8342651.v1>
28. Gholib G, Wahyuni S, Akmal M, *et al.*: **Dataset 3. figshare. Dataset.** 2019.  
<http://www.doi.org/10.6084/m9.figshare.8342720.v1>
29. Sapolsky RM, Romero LM, Munck AU: **How do glucocorticoids influence stress responses? Integrating permissive, suppressive, stimulatory, and preparative actions.** *Endocr Rev*. 2000; **21**(1): 55–89.  
[PubMed Abstract](#) | [Publisher Full Text](#)
30. Swerdloff RS, Wang C, Sinha-Hikim AP: **Hypothalamic-pituitary-gonadal axis in men.** In Pfaff DW, Arnold AP, Etgen AM, Fahrbach SE, Rubin RT (eds) *Hormones, brain, and behavior*. 2nd edn. Academic Press, San Diego. 2009; Part V: 2357–2393.  
[Reference Source](#)
31. Chedrese PJ: **Reproductive Endocrinology: A Molecular approach.** Springer Science + Media Business, New York, USA. 2009.  
[Publisher Full Text](#)
32. Hodges K, Brown J, Heistermann M: **Endocrine monitoring of reproduction and stress.** In: Kleiman DG, Thompson KV, Kirk Baer C (eds) *Wild mammals in captivity: principles and techniques for zoo management*. The University of Chicago Press, Chicago. 2010; 447–468.  
[Reference Source](#)
33. Heistermann M, Palme R, Ganswindt A: **Comparison of different enzyme-immunoassays for assessment of adrenocortical activity in primates based on fecal analysis.** *Am J Primatol*. 2006; **68**(3): 257–273.  
[PubMed Abstract](#) | [Publisher Full Text](#)
34. Möstl E, Messmann S, Bagu E, *et al.*: **Measurement of glucocorticoid metabolite concentrations in faeces of domestic livestock.** *Zentralbl Veterinarmed A*. 1999; **46**(10): 621–631.  
[PubMed Abstract](#) | [Publisher Full Text](#)
35. Bayemi PH, Nsongka VM, Perera BMAO, *et al.*: **Validation of a human progesterone enzyme immunoassay (EIA) kit for use on serum of cattle in Cameroon.** *Trop Anim Health Prod*. 2007; **39**(5): 335–338.  
[PubMed Abstract](#) | [Publisher Full Text](#)
36. Todini S, Terzano GM, Malfatti A: **Validation of ELISA kits for determination of Inhibin-A and Estradiol-17-beta concentrations in Buffalo plasma.** *Ital J Anim Sci*. 2007; **6**(sup2): 585–588.  
[Publisher Full Text](#)
37. Pawlusi J, Jegu P, Henry S, *et al.*: **Low plasma cortisol and fecal cortisol metabolite measures as indicators of compromised welfare in domestic horses (*Equus caballus*).** *PLoS One*. 2017; **12**(9): e0182257.  
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
38. Pappano DJ, Roberts EK, Beehner JC: **Testing extraction and storage parameters for a fecal hormone method.** *Am J Primatol*. 2010; **72**(11): 934–941.  
[PubMed Abstract](#) | [Publisher Full Text](#)

The benefits of publishing with F1000Research:

- Your article is published within days, with no editorial bias
- You can publish traditional articles, null/negative results, case reports, data notes and more
- The peer review process is transparent and collaborative
- Your article is indexed in PubMed after passing peer review
- Dedicated customer support at every stage

For pre-submission enquiries, contact [research@f1000.com](mailto:research@f1000.com)

**F1000Research**