**Patients with IBD: survey of attitudes to colonoscopy**

Colonoscopy is a very useful way of finding out more information about patients with Inflammatory Bowel Disease (IBD). It can show disease present even when the patient is feeling well and has no symptoms. These symtpomless patients may need treatment as a result. There is an emerging opinion that treatment should be based on findings at colonoscopy, and this might mean the number of colonoscopies a patient with IBD might have could increase. We are interested in hearing your opinions and experiences of colonoscopy, and would be very grateful if you could answer this short questionnaire. All your answers will be strictly confidential.

**Q1**: (circle)

Female / Male

**Q2**:

How old are you?

**Q3**: (Mark one)

Do you have: i) Ulcerative colitis

ii) Crohn’s Disease

iii) Unsure

**Q4**: (Mark one)

How long have you had this disease?

Less than 1 year

1 to 2 years

2 to 3 years

3 to 5 years

5 to 10 years

More than 10 years

More than 20 years

**Q5**:

How many colonoscopies have you had in your life time approximately?

**Q6**: (Mark up to 4 choices)

Which of these reasons do IBD doctors perform colonoscopies:

1. To assess how severe disease is
2. To see if you have constipation
3. To see if your treatment is working
4. To assess if there is another cause of your symptoms
5. To get samples of the bowel wall (biopsies)
6. To see if you are digesting food properly
7. To get blood samples
8. To check for intestinal worms

**Q7**: (circle 1 to 5 for each item)

When you have had colonoscopies in the past please rate the following items as to how much they affected your experience of the procedure:

Didn’t bother me Bothered me a bit Bothered me a lot

Worrying about the 1 2 3 4 5

Procedure/complications

Bowel preparation 1 2 3 4 5

Disruption to life 1 2 3 4 5

Discomfort 1 2 3 4 5

Travel to hospital 1 2 3 4 5

**Q8**: (circle one)

Overall, how would you rate your experience of having a colonoscopy.

Not unpleasant

Neither unpleasant or pleasant

Bearable

Unpleasant

Very unpleasant

**Q9**: (circle one)

How often do you think you could tolerate a colonoscopy:

Once a year

Once every 2 years

Once every 3 years

Once every 5 years

As often as my doctor says I need it

Thank you for your time. Please hand the questionnaire back to the nurses.